

ACICIS
Study Indonesia

www.acicis.edu.au

2022/2023 Public Health Study Tour Course Outline

Program Details


ACICIS Public Health Study Tour (PHST)
Jakarta and Yogyakarta, Indonesia



Dates (Tour 1): 26 November – 11 December 2022
Dates Tour 2): 14 January – 28 January 2023



Credit Points: Recommended equivalency 25% of a full semester load (0.125 EFSTL). Actual subject weighting and academic credit awarded to be determined by a student's home university.
Mode: Off-Campus
Contact hours: **Total course time commitment: Approximately 110 hours**
Approximately 20 hours of seminars
Approximately 32 hours of independent study (seminar readings)
Approximately 28 hours of field trips
Approximately 16 hours of group discussions and presentations
Approximately 8 hours of reflective journal writing
Approximately 6 hours of language classes

 <https://www.acicis.edu.au/programs/tour/2023-public-health-study-tour-phst/>

Contact Details

Program Facilitator: Australian Consortium for 'In-Country' Indonesian Studies (ACICIS)
 www.acicis.edu.au

Perth Office: ACICIS Secretariat
 enquiries@acicis.edu.au
 +618 6488 6675

ACICIS Resident Director: Dr Adrian Budiman
 a.budiman@acicis.edu.au
 +62 274 561 477

Contents

Description	1
Educational Principles and Graduate Attributes	2
Assessment Mechanism	3
Reading List.	5
Appendix I: PHST Itinerary 2022	11
Appendix II: PHST Seminar Series and Fieldtrips	17
Appendix III: PHST Discussion & Presentation	27
Appendix IV: PHST Reflective Journal	30
Appendix V: Marking Rubrics	33

Description

The Public Health Study Tour (PHST) is a two-week intensive program for public health students to gain experience in the public health sector in Indonesia. The study tour will provide an introduction to the public health challenges currently facing Indonesia, as well as existing government, international and community-led initiatives tasked with meeting these challenges. This is a unique opportunity for Australian students to hear from leading health professionals, policy-makers and community health workers in Indonesia, and to discuss approaches to health issues with Indonesian counterparts.

The two-week intensive tour is made up of a comprehensive seminar series, and a number of field visits to health care facilities and organisations in Indonesia which provide students with the opportunity to see firsthand how the public health system works in Indonesia and to understand the complex challenges it faces.

Discipline Areas

- ◆ Public health
 - ◆ Health science
 - ◆ Occupational health
 - ◆ Epidemiology
- ◆ Nursing
 - ◆ Environmental health
 - ◆ Health promotion
 - ◆ Community health
- ◆ Primary health care
 - ◆ Health policy
 - ◆ Public policy
 - ◆ Reproductive Health

Supervision

ACICIS' programs in Indonesia operate under the direction of the ACICIS Resident Director, Dr Adrian Budiman.

A Tour Leader will be assigned for the duration of the PHST to provide academic supervision of the tour. Alongside Tour Leader there will be a Tour Coordinator and Program Assistants, who will serve as the primary liaison assisting with the planning of the tour. ACICIS staff will provide comprehensive in-country pastoral support services for students during their time in Indonesia.

Structure and Schedule of Learning Activities

The structure of the two-week study tour is as follows:

- ◆ One week of seminars and field trips in Depok/Jakarta, in collaboration with Universitas Indonesia (UI), DFAT, Development agencies and including one day of concluding discussions and group presentations.
- ◆ One week of seminars and field trips in Yogyakarta, including one day of concluding discussions and group presentations;

Please see [Appendix I](#) for more details on the tour itinerary.

Educational Principles and Graduate Attributes

Throughout the PHST, students are supported to:

- ◆ Develop an understanding of the nature of public health issues in Indonesia;
- ◆ Develop an understanding of the social determinants of health as well as the Indonesian political, economic, and environmental context;
- ◆ Develop an understanding of primary health care practice in the Asia-Pacific region;
- ◆ Build networks with community-based NGOs, public and private service delivery agencies and other key stakeholders in the public health sector in Indonesia; and
- ◆ Broaden knowledge about health promotion in rural and urban settings;
- ◆ Build academic skills and an appreciation of the "real life" challenges in actual public health settings; and
- ◆ Enrich their understanding of intercultural management and Indonesian organisational culture in the context of public health.

Learning Outcomes

Students who complete the PHST successfully will be able to:

- ◆ Identify the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia;
- ◆ Demonstrate knowledge of the implications of social determinants on access to and use of Indonesia's public health system;
- ◆ Identify key public health issues and their related sub-issues;
- ◆ Demonstrate an understanding of effective public health and health promotion, planning, implementation and evaluation;
- ◆ Demonstrate an ethical sense of social responsibility; and
- ◆ Demonstrate effective inter-cultural communication skills in a different cultural setting.

Assessment Mechanism

The following components are used to inform the PHST Tour Leader's student evaluation report. Students are required to complete all components satisfactorily in order to achieve an overall grade of 'Satisfactory' for the tour.

#	Component	Dates	Weighting	Notes
1	Seminar Series	26 November - 10 December	30%	Attendance at, and participation in, all seminar series organised by ACICIS is expected. Evidence of familiarity with set readings will be assessed through seminar participation.
2	Field Trips & Cultural Activities	26 November - 10 December	25%	Attendance at, and participation in, all field trips and cultural activities organised by ACICIS is expected.
3	Discussion & Presentation	2 December & 10 December	25%	Students to discuss national health issues with Indonesian undergraduate public health students and deliver two group presentations to fellow students and staff.
4	Reflective Journal	19 November, 2 December & 10 December	20%	Three reflective journal entries to be submitted to the PHST Leader one week before the tour start, mid-tour & at the end of the tour. Evidence of familiarity with set readings will be assessed through reflective journal writing.

Component Details

1. Seminar Series (20 hours)

The Seminar Series of the PHST consists of ten seminars: one introductory seminar on Indonesian culture, politics, and society, and nine seminars on public health topics. The seminars will be delivered by government representatives, academics, and NGO representatives. Participants must demonstrate adequate preparation through informed contributions to discussions and activities in order to pass this component of the program. Lively discussion groups and Q&A sessions will be a key aspect of these sessions. Students must attend and participate actively in a minimum of 80% of all scheduled seminars. Please see [Appendix II](#) for more details about this component of the tour.

2. Field Trips (32 hours)

Participants will also undertake numerous field visits to health care facilities in Indonesia. Students will meet with workers in the health system as well as communities to observe current public health responses. In order to enrich their knowledge about government and non-government programs, participants will observe on-site projects in vulnerable communities. Participants will also observe the social determinants of health and well-being in the rural areas of Indonesia through visits and interaction with the local community. Please see [Appendix II](#) for more details about this component of the tour.

3. Group Discussions & Presentations (16 hours)

In Yogyakarta, participants will discuss, observe and interview local community members and health care workers, and will deliver a presentation on an aspect of a public health issue encountered in the community, as well as offer recommendations regarding future measures that could be adopted in order to overcome the issue. At Universitas Indonesia (UI), Jakarta, participants will collaborate with Indonesian undergraduate students and discuss in groups the national and urban health challenges in Indonesia. Groups will then deliver a presentation on a particular public health topic. Please see [Appendix III](#) for more details about this component of the tour.

4. Reflective Journal (8 hours)

The purpose of the reflective journal is to encourage critical thinking and reflection from students on their theoretical and vocational learning while on the PHST. The reflective journal should also demonstrate evidence of a student's understanding of the set readings and ability to relate these readings to their daily experiences on the tour.

To complete the reflective journal, students are required to:

- ◆ Complete a number of required readings;
- ◆ Complete three reflective journal entries detailing observations, challenges, learning experiences and outcomes of activities undertaken or experienced on the tour; and
- ◆ Reference and reflect on set readings.

Students are encouraged to use the reflective journal to record and elaborate on the significant issues encountered, including observations, challenges, learning experiences, or unexpected outcomes.

Comprehensive journal entries are to be submitted to the PHST Tour Leader one week before the tour start, mid-way through the tour, and at the end of the tour.

Please see [Appendix IV](#) for more details about this component of the tour.

Award of Grade for the unit

Both the student and the student's home university will receive a copy of the PHST Tour Leader's student academic evaluation report. This assessment document will be sent electronically (or by post if requested) from the ACICIS Secretariat in Perth within six weeks of a student's completion of the tour. The home university may choose to award a grade or an ungraded pass/fail on the basis of this document and any additional home university assessment requirements for the tour.

Reading List

Introduction to Indonesia

Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, *Malaria Journal* (2019) 18:134

Neelakantan, V 2013, 'The Indonesianization of Social Medicine', *Lembaran Sejarah*, vol. 10, no. 1. Available from <https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654>

Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1.

Vickers, A 2013, *A History of Modern Indonesia*. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.

Health System, Policy and Management in Indonesia

Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' *The Lancet*, vol. 393, issue 10166, pp:75-102. Available from: [https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736\(18\)31647-7.pdf#articleInformation](https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(18)31647-7.pdf#articleInformation)

Heywood, P, & Choi, Y 2010, 'Health System Performance at the District Level in Indonesia after Decentralization.' *BMC International Health and Human Rights*, vol. 10, no. 3 [cited 2018 June 04]. Available from: <http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3>

Laksono, A. D., Paramita, A., & Wulandari, R. D. (2019, August 16). Socioeconomic Disparities of Facility-Based Childbirth in Indonesia. <https://doi.org/10.31227/osf.io/7b2su>

Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' *Asia Pacific Observatory on Health Systems and Policies*, vol. 7, no. 1. [cited 2018 June 04]. Available from <http://www.who.int/iris/handle/10665/254716>

Ministry of Health of the Republic of Indonesia 2018. Indonesia Health Profile 2017. Available from <http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesia-health-profile-2017.pdf>

Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' *The Lancet*, vol. 392: pp. 581–91. Available from [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)30595-6/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext)

Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia.' *BMC Public Health* [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf

Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' *International Journal of Health Planning and Management*, vol. 33, no. 2, e586–e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era

Prastyani, AW 2019, 'Who'll pay for Indonesia's national health insurance?', *New Mandala*, 28 February 2019. Available from <https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/>

Non- Communicable diseases and Communicable diseases

Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' *ScienceDirect: Preventative Medicine*, vol. 47.

Boellstorff, T 2009, 'Nuri's testimony: HIV/AIDS in Indonesia and bare knowledge.' *American Ethnologist*, vol. 36, pp. 351–363. doi:10.1111/j.1548-1425.2009.01139.x

Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' *BMC Public Health*, vol. 16

Grayman, JH 2014, 'Rapid response: Email, immediacy, and medical humanitarianism in Aceh, Indonesia.' *Social Science & Medicine*, vol. 120, pp. 334–343. doi:10.1016/j.socscimed.2014.04.024

Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012, 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', *Tobacco Control*, vol. 21, issue 3. <http://dx.doi.org/10.1136/tc.2010.036814>

Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. *International Journal of Health Geographics*, vol. 15, no. 13.

Januraga, PP, Reekie, J, Mulyani, T, Lestari, BW et al. 2018. 'The cascade of HIV care among key populations in Indonesia: a prospective cohort study', *The Lancet HIV*, volume 5, issue 10, p. e560–e568. Available from [https://doi.org/10.1016/S2352-3018\(18\)30148-6](https://doi.org/10.1016/S2352-3018(18)30148-6)

Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' *BMC Infectious Diseases*, vol. 14.

Krishnan, A, Ekowati, R, Baridalyne, N, et al 2011, 'Evaluation of community-based interventions for non-communicable diseases: experiences from India and Indonesia.' *Health Promotion International*, vol. 26, no. 3, pp: 276–289.

Minas, H, Diatri, H 2008, 'Pasung: Physical restraint and confinement of the mentally ill in the community.' *International Journal of Mental Health Systems*, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

Ministry of Health Republic of Indonesia 2011. IBBS 2011 - Integrated Biological and Behavioral Survey [cited 2018 June 04]. Available from <http://www.aidsdatahub.org/ibbs-2011-integrated-biological-and-behavioral-survey-ministry-of-health-republic-of-indonesia>

Rodriguez-Morales, AJ 2018. *Current Topics in Tropical Emerging Diseases and Travel Medicine*. London: IntechOpen; Chapter 5. Available from <https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine>

Soewondo, P, Ferrario, A, Tahapary, DL 2013, 'Challenges in diabetes management in Indonesia: a literature review', *Globalization and Health*, vol. 9, p. 63. Available from <https://doi.org/10.1186/1744-8603-9-63>

Stoicescu, C, Cluver, LD, Spreckelsen, T et al. 2018, 'Intimate Partner Violence and HIV Sexual Risk Behaviour Among Women Who Inject Drugs in Indonesia: A Respondent-Driven Sampling Study', *AIDS and Behavior*, vol. 22, pp. 3307–3323. Available from <https://doi.org/10.1007/s10461-018-2186-2>

Surya, A, Setyaningsih, B, Nasution, HS, et al. 2017, 'Quality Tuberculosis Care in Indonesia: Using Patient Pathway Analysis to Optimize Public–Private Collaboration', *The Journal of Infectious Diseases*, vol. 216, issue suppl_7, pp. S724–S732. Available from <https://doi.org/10.1093/infdis/jix379>

Tri Wibawa and Tri Baskoro Tunggal Satoto, "Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era," *Journal of Tropical Medicine*, vol. 2016, Article ID 5716785, 9 pages, 2016. <https://doi.org/10.1155/2016/5716785>.

Sexual and Reproductive Health

Astuti, D, Hidayat, A, Humaira, R, Widyastari, D, & Sinaga, D 2017, 'Accessibility to Media and Its Relation to Stigmatization toward Lesbian-Gay-Bisexual and Transgender (LGBT) Individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' *Journal of Health Research*, vol. 31, no 4, pp: 263–269.

Budiarsana, M 2017, 'Contraceptive Services Available to Unmarried Sexually Active Adolescents.' *Makara*

Journal of Health Research, vol. 21, no. 2.

Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia. Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: <https://digitalcommons.iwu.edu/uer/vol15/iss1/18>

Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' *Health Policy and Planning*, vol. 26, no. 5, pp: 373-384.

The Government of Indonesia 2017, *Family Planning 2020 Commitment* [cited 2018 June 04]. Available from: <http://www.familyplanning2020.org/entities/59>

Nutrition and Food Safety

Christiana R. Titaley , Iwan Ariawan , Dwi Hapsari , Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, *Nutrients* 2019, 11, 1106. doi:10.3390

Vollaard, AM, Ali, S, Vanasten, HAGH et al. 2004. 'Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia.' *Epidemiology of Infection*, vol. 132, pp. 863–72.

Shrimpton, R, & Rokx, C 2013, 'The double burden of malnutrition in Indonesia.' *World Bank Jakarta Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from <http://documents.worldbank.org/curated/en/913341532704260864/main-report>*

Environmental Health

Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' *Development and Change*, vol. 45, pp. 157-178. doi:10.1111/dech.12075

Indraswara, H 2009, 'Water woes.' *Inside Indonesia* [cited 2018 Jan 10]. Available from: <http://www.insideindonesia.org/water-woes>

Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' *Waste Management*, vol.27, issue 12, pp. 1924-1938. <https://doi.org/10.1016/j.wasman.2006.09.010>

Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' *Water science and technology: a journal of the International Association on Water Pollution Research*, vol. 45, no. 11, pp 71-76.

Websites

WHO	www.who.int/gho/countries/idn/country_profiles/en/
UNICEF	www.unicef.org/indonesia
UNFPA	indonesia.unfpa.org
Indonesian Ministry of Health	www.depkes.go.id
Australia Indonesia Partnership for Health System Strengthening (AIPHSS)	aiphss.org
WFP	www.wfp.org/countries/indonesia
National AIDS commission	www.aidsindonesia.or.id
Jakarta government website	www.jakarta.go.id/english
International Food Policy Research Institute	www.ifpri.org/country/indonesia
Women Deliver	www.womendeliver.org
UNDP Indonesia	www.id.undp.org

Journal Name	Domain
Cancer Epidemiology, Biomarkers & Prevention	Chronic Diseases & Conditions; Epidemiology
Infection Control and Hospital Epidemiology	Communicable Diseases ; Epidemiology
Environmental Health Perspectives	Environmental Health
Journal of Toxicology and Environmental Health Part B: Critical Reviews	Environmental Health
Environmental Research	Environmental Health
International Journal of Hygiene and Environmental Health	Environmental Health
Environmental Health: A Global Access Science Source	Environmental Health
Scandinavian Journal of Work, Environment & Health	Environmental Health ; Occupational Health
International Journal of Epidemiology	Epidemiology
Epidemiologic Reviews	Epidemiology
Epidemiology	Epidemiology
European Journal of Epidemiology	Epidemiology
American Journal of Epidemiology	Epidemiology
Journal of Clinical Epidemiology	Epidemiology
Journal of Epidemiology & Community Health	Epidemiology ; Community Health ; General Public Health
Annual Review of Public Health	General Public Health
American Journal of Public Health	General Public Health
American Journal of Preventive Medicine	General Public Health
BMC Public Health	General Public Health
Lancet Global Health, The	Global Health
Bulletin of the World Health Organization	Global Health ; General Public Health
Health Expectations	Health Services Administration
Health Promotion International	Health Promotion
Journal of Adolescent Health	Maternal & Child Health
Tobacco Control	Social and Behavioural Sciences
Nicotine & Tobacco Research	Social and Behavioural Sciences

Appendices

Appendix I: PHST Itinerary 2022 (Jakarta-Yogyakarta)

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
1	Sat, 26/11	13.00-15.00	Students arrive and check in at hotel		Hotel meeting room	ACICIS
		15.00-16.00	Orientation Session 1	Welcome, Staff Introductions, Program Overview		
		16.00-16.15	Coffee Break			
		16.15-17.00	Orientation Session 2	Understanding the Public Health Study Tour Program		
		17.00-18.00	Free time			
		18.00-19.30	Welcome Dinner	Cultural Performance		
2	Sun, 27/11	10.00-11.15	Orientation Session 3	Health and Security Briefing	Hotel meeting room	ACICIS
		11.15-11.30	Coffee Break			
		11.30-12.15	Orientation Session 4	Introduction to Depok, Jakarta, and Yogyakarta		
		12.15-13.00	Lunch			
		13.00-13.45	Seminar A: Introduction to Indonesia	Indonesian Modern History, Culture, Politics and Society		
3	Mon, 28/11	08.30-09.15	Meet at the hotel lobby and travel to UI		Hotel lobby	ACICIS
		09.15-09.45	Opening ceremony		Meeting room UI	LBI UI
		09.45-10.00	Coffee break			
		10.00-10.45	Seminar B: General Overview of Indonesian Public Health System Overview	Health system in Indonesia 1		
		10.45-11.30		Health system in Indonesia 2		
		11.30-12.30	Lunch			
		12.30-14.30	Language Class I	Greetings, introductions, numbers, names, food	FIB UI	
		14.30-14.45	Coffee break			
		14.45-16.45	Language Class II	Weather, directions, getting around. Family members, basic conversation topics		
		16.45 onwards	Travel to hotel and free time			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
4	Tue, 29/11	08.45-09.30	Meet at downstairs lobby and travel to UI			Universitas Indonesia (UI)
		09.30-11.00	Seminar C: Indonesia Health Development Overview	Roles of Non State Actors in the Decentralised Setting	Meeting room UI	ACICIS
		11.00-11.45		Public Health Challenges in Indonesia and Role of Stakeholders		
		11.45-12.30		UNFPA Perspective on Population Development in Indonesia UNFPA		
		12.30-13.00	Lunch break			
		13.00 onwards	Free time			
5	Wed, 30/11	07.45-08.30	Meet at the hotel lobby and travel to UI			
		08.30-10.30	Language Class III		FIB UI	LBI UI
		10.30-11.00	Travel to FKM UI and coffee break			
		11.00-11.45	Seminar D: Sexual and Reproductive Health	Reproductive Health and Family Planning Policy	Meeting room UI	UI
		11.45-12.30		An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019		
		12.30-13.15	Lunch break			
		13.15-14.00	Seminar E: Communicable Diseases	Current Issues on HIV/AIDS in Indonesia		
		14.00-14.45		Current Issues on Tuberculosis in Indonesia		
		14.45 onwards	Free time			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
6	Thu, 1/12	07:30-08.45	Meet at downstairs lobby and travel to Public Hospital			ACICIS
		08.45-11.15	Field Visit 1: Public Hospital	Secondary and Tertiary Care	Public Hospitals	UI
		11.15-12.30	Travel to UI			
		12.30-13.30	Lunch break		Meeting room UI	
		13.30-14.15	Seminar F : Nutrition and Food Safety	Stunting Updates: Indonesia Experience		
		14.15-15.00		Food Safety Challenges in Indonesia		
		15.00 onwards	Coffee break and free time			
		14.30-15.30	Travel to hotel			ACICIS
		15.30-onwards	Free time			
7	Fri, 2/12	07:30-08.30	Meet at downstairs lobby and travel to field visit site			UI
		08.30-11.00	Field Visit 2: TPS 3R in Kota Bogor	Waste Management		
		11.00-13.00	Travel to restaurant and lunch			
		13.00-15.30	Free time at Botanical Garden		Bogor Botanical Garden	
		15.30 onwards	Travel to hotel and free time			
8	Sat, 3/12	08.15-09.00	Meet at downstairs lobby and travel to UI			ACICIS
		09.00-09.45	Seminar G: Non-Communicable Diseases	Non Communicable Diseases in Indonesia	Meeting room UI	
		09.45-10.30	Seminar H: Neglected Diseases	Neglected Diseases in Indonesia		
		10.30-10.45	Coffee Break			
		10.45-12.15	Presentation Preparation			
		12.15-13.00	Lunch break			
		13.00-15.00	Final student presentations and future recommendations			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		15:00 onwards	Free time			
9	Sun, 4/12	All day until 08.30	Free time	Divided into two travel groups	Jakarta	ACICIS
		08.30-10.30	Travel to airport and check-in flight			
		12:00-16:00	Travel to Yogyakarta (YIA) and check-in at Prime Plaza Hotel			
		16:00 onwards	Free time		Yogyakarta	
10	Mon, 5/12	09.30-11.00	Seminar I: Sexual and Reproductive Health		Hotel meeting room	ACICIS
		11.00-11.15	Coffee Break			
		11.15-12.00	Discussion			UI & ACICIS
		12.00-13.00	Lunch			
		13.00-13.45	Seminar J: Tobacco and Youth in Indonesia	Tobacco and Youth in Indonesia		
		13.45 onwards	Free time			
		14.45-15.30	Discussion			
		15.30-onwards	Free time/independent study			
11	Tue, 6/12	08.00-09.00	Meet at the hotel lobby and travel to Site visit			ACICIS
		09.00-10.30	Field Visit 3a : Puskesmas (Community Health Centre)	Opening, Observing Puskesmas and interacting with health practioners and patients, observing their function particularly in health prevention and promotion activities.	Puskesmas	UI/ UNRIYO/ ACICIS
		10.30-10.45	Travel to Site 3b			
		10.45-12.30	Field Visit 3b: Posyandu	Maternal and child health in rural area	Posyandu	
		12.30-13.30	Lunch Break			
		13.00-13.45	Travel back to Puskesmas and lunch			
		13.30-14.30	Discussion			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		14.30 onwards	Travel to hotel and Free Time			
12	Wed, 7/12	09.15-09.30/ 08.45-9.30	Meet at main lobby and travel to field visit site			UI & ACICIS
		09.30-11.30	Field Visit 4: Group A World Mosquito Program Site Visit Group B Disabilities and Mental Health Rehabilitation Centre	World Mosquito Program site visit, the impact of the project Visit to Yakkum Rehabilitation Centre	World Mosquito Program Yakkum Rehabilitation Centre	
		11.30-12.45	Travel to restaurant and Lunch			
		12.45- 13.30	Travel to Prambanan			
		13.30-16.00	Cultural field trip: Prambanan Temple	Prambanan Temple		
		16.00-17.00	Travel to hotel and free time			
13	Thu, 8/12	08.45/09.15	Meet at the hotel lobby and travel to Site visit			UI & ACICIS
		09.30-11.30	Field Visit 5: Field Visit 5: Group A Disabilities and Mental Health Rehabilitation Centre Group B World Mosquito Program Site Visit	Visit to Yakkum Rehabilitation Centre World Mosquito Program site visit, the impact of the project	Yakkum Rehabilitation World Mosquito Program	
		11.30-12.00	Travel back to hotel			
		12.00-14.15	Free time			
		14.15-14.30	Travel to Kali Code			
		14.30-17.00	Field Visit 6: Kali Code Walking Tour			
		17.00 on-wards	Travel back to hotel and free time.			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
14	Fri, 9/12	09.00-09.45	Seminar K: DHF and Ma-laria	DHF and Malaria prevention and re-sponse		UI & ACICIS
		09.45-10.00	Coffee Break		Prime plaza hotel meeting room	UI
		10.00-10.45	Seminar L: Disaster Management	Disaster Management in Indonesia		
		10.45-12.00	Presentation preparation			
		12.00 on-wards	Free time			
15	Sat, 10/12	10.00-12.00	Final presentation	Divided into small groups, presenta-tions to reflect Indonesian health chal-lenges and recommendations	Prime plaza hotel meeting room	UI & ACICIS
		12.00-13.00	Free time			
		13.00-14.30	Closing ceremony and farewell lunch.	Certificate distribution and closing cer-emony		
16	Sun, 11/12		Students depart to Australia			

Appendix II: PHST Seminar Series and Fieldtrips

Activity	Topic	Objective/ Learning outcome	Readings
Seminar A: Introduction to Indonesia	Indonesian modern history, culture, politics and society	◆ Develop an understanding of Indonesian modern history, culture, politics and society.	<p><i>Required:</i></p> <p>Pisani, E 2014, <i>Indonesia Etc.</i> Jakarta: Lontar Press; Chapter 1.</p> <p>Vickers, A 2013, <i>A History of Modern Indonesia</i>. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.</p> <p><i>Optional:</i></p> <p>Neelakantan, V 2013, 'The Indonesianization of Social Medicine', <i>Lembaran Sejarah</i>, vol. 10, no. 1. Available from https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654</p>
Seminar B: General Overview of the Indonesian Public Health System	Health system in Indonesia	◆ Develop an understanding of the Indonesian public health system.	<p><i>Required:</i></p> <p>Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' <i>The Lancet</i>, vol. 393, issue 10166, pp:75-102. Available from: https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31647-7/fulltext</p> <p>Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' <i>Asia Pacific Observatory on Health Systems and Policies</i>, vol. 7, no. 1. [cited 2018 June 04]. Available from http://www.who.int/iris/handle/10665/254716</p> <p><i>Optional:</i></p> <p>Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' <i>The Lancet</i>, vol. 392, pp. 581–91. Available from https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext</p> <p>Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', <i>New Mandala</i>, 28 February 2019. Available from https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/</p>
Seminar C: Indonesian Health Development Overview	Public Health in Indonesia, National Health Development Strategy	◆ Develop an understanding of health development strategies employed within Indonesia's health system, and the role of international partners.	<p><i>Required:</i></p> <p>Ministry of Health of the Republic of Indonesia 2018. <i>Indonesia Health Profile 2017</i>. Available from http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesia-health-profile-2017.pdf</p> <p><i>Optional:</i></p> <p>Australian Government, Department of Foreign Affairs and Trade (DFAT) 2015, <i>Aid Investment Plan Indonesia: 2015-16 to 2018-19: Strategic priorities and rationale</i> [cited 2018 June 04]. Available from: http://dfat.gov.au/about-us/publications/Pages/aid-investment-plan-aip-indonesia-2015-16-to-2018-19.aspx</p> <p>Whitelum, B 2018, <i>Independent Progress Review KOMPAK: Australia Indonesia Partnership for Decentralized Basic Service Delivery</i> [cited 2018 June 04]. Available from: http://dfat.gov.au/about-us/publications/Documents/kompak-independent-progress-review.pdf</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar D: Sexual and Reproductive Health	Reproductive health and family planning policy; Adolescent reproductive health; Family Planning in Indonesia	◆ Develop an understanding of family planning and reproductive health issues.	<p><i>Required:</i></p> <p>Budiharsana, M 2019, An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019</p> <p>Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: https://digitalcommons.iwu.edu/uer/vol15/iss1/18</p> <p>The Government of Indonesia 2017, <i>Family Planning 2020 Commitment</i> [cited 2018 June 04]. Available from: http://www.familyplanning2020.org/entities/59</p>
Seminar E: Communicable Diseases (HIV and TB)	HIV and Tuberculosis in Indonesia	◆ Develop an understanding of the burden of HIV and TB in Indonesia and interventions targeted to address the issues	<p><i>Required:</i></p> <p>Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' <i>BMC Public Health</i>, vol. 16.</p> <p>Ministry of Health Republic of Indonesia 2011. <i>IBBS 2011 - Integrated Biological and Behavioral Survey</i> [cited 2018 June 04]. Available from: http://www.aidsdatahub.org/ibbs-2011-integrated-biological-and-behavioral-survey-ministry-of-health-republic-of-indonesia</p> <p><i>Optional:</i></p> <p>Surya, A, Setyaningsih, B, Nasution, HS, et al. 2017. 'Quality Tuberculosis Care in Indonesia: Using Patient Pathway Analysis to Optimize Public-Private Collaboration', <i>The Journal of Infectious Diseases</i>, vol. 216, issue suppl.7, pp. S724-S732. Available from https://doi.org/10.1093/infdis/jix379</p> <p>Januraga, PP, Reekie, J, Mulyani, T, Lestari, BW et al. 2018. 'The cascade of HIV care among key populations in Indonesia: a prospective cohort study', <i>The Lancet HIV</i>, volume 5, issue 10, p. e560-e568. Available from https://doi.org/10.1016/S2352-3018(18)30148-6</p> <p>Wulandari LPL, Ruddick A, Guy R, Kaldor J (2019) "Self-testing sounds more private, rather than going to the clinic and everybody will find out": Facilitators and barriers regarding HIV testing among men who purchase sex in Bali, Indonesia. <i>PLoS ONE</i> 14(4): e0214987.</p>
Field Visit 1: Public Hospital	Hospital programs and activities in treatment and prevention	◆ Develop an understanding of the role of public hospitals as health prevention and treatment providers.	<p><i>Required:</i></p> <p>Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' <i>Expert Systems with Applications</i>, vol. 42. no. 6, pp: 3067-3078.</p>
Seminar F: Nutrition and Food Safety	Burden of malnutrition in Indonesia and food safety issues	◆ Develop an understanding of the burden of malnutrition in Indonesia and issues with food safety.	<p><i>Required:</i></p> <p>A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. <i>Epidemiol Infect</i> 2004;132:863-72</p> <p>Titaley, C., Iwan Ariawan, Dwi Hapsari, Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, <i>Nutrients</i> 2019, 11, 1106, doi:10.3390.</p>

Activity	Topic	Objective/ Learning outcome	Readings
			<p><i>Optional:</i></p> <p>Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from http://documents.worldbank.org/curated/en/913341532704260864/main-report</p> <p>Shrimpton, R, & Rokx, C 2013, 'The double burden of malnutrition in Indonesia.' <i>World Bank Jakarta</i></p>
Field Visit 2: Community-Based Waste Management	Participatory-Development Approach for Environmental Health	<ul style="list-style-type: none"> Develop an understanding of community participation in environmental health interventions in Indonesia. 	<p><i>Required:</i></p> <p>Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' <i>Waste Management</i>, vol.27, issue 12, pp. 1924-1938. https://doi.org/10.1016/j.wasman.2006.09.010</p> <p><i>Optional:</i></p> <p>Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i>, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p>
Seminar G: Non Communicable Diseases	Non-communicable diseases in Indonesia	<ul style="list-style-type: none"> Develop an understanding of trends in non-communicable diseases in Indonesia and preventative approaches. 	<p><i>Required:</i></p> <p>Krishnan, A, Ekowati, R, Baridalyne, N, et al 2011, 'Evaluation of community-based interventions for non-communicable diseases: experiences from India and Indonesia.' <i>Health Promot International</i>, vol. 26, no. 3, pp. 276-289.</p>
Seminar H: Neglected diseases	Neglected Diseases in Indonesia	<ul style="list-style-type: none"> Develop an understanding of the burden of Neglected Disease in Indonesia and interventions targeted to address the issues 	<p><i>Required:</i></p> <p>Wibawa, T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era.' <i>Journal of Tropical Medicine</i>, vol. 2016, article ID 5716785. Available from https://doi.org/10.1155/2016/5716785.</p>
Seminar I: Abortion, Gender Based Violence and sexual and reproductive health issues among LGBTQs in Indonesia	Abortion and other reproductive health challenges and responses	<ul style="list-style-type: none"> Develop an understanding of the magnitude of the issues on abortion, gender based violence, and sexual and reproductive health issues including stigma and discriminations on LGBTQs in Indonesia. 	<p><i>Required:</i></p> <p>Astuti, D, Hidayat, A, Humaira, R, Widyastari, D, & Sinaga, D 2017. 'Accessibility to Media and Its Relation to Stigmatization toward Lesbian-Gay-Bisexual and Transgender (LGBT) Individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' <i>Journal of Health Research</i>, vol. 31, no 4, pp. 263-269.</p> <p>Surjadaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' <i>Health Policy and Planning</i>, vol. 26, no. 5, pp: 373-384.</p> <p><i>Optional:</i></p> <p>Boellstorff, T 2009. 'Nuri's testimony: HIV/AIDS in Indonesia and bare knowledge.' <i>American Ethnologist</i>, vol. 36, pp. 351-363. doi:10.1111/j.1548-1425.2009.01139.x</p> <p>Stoicescu, C, Cluver, LD, Spreckelsen, T et al. 2018. 'Intimate Partner Violence and HIV Sexual Risk Behaviour Among Women Who Inject Drugs in Indonesia: A Respondent-Driven Sampling Study', <i>AIDS and Behavior</i>, vol. 22, pp. 3307-3323. Available from https://doi.org/10.1007/s10461-018-2186-2</p>

Activity	Topic	Objective/ Learning outcome	Readings
Seminar J: Tobacco and Youth in Indonesia	Tobacco and Youth in Indonesia	◆ Develop an understanding of Tobacco and Youth in Indonesia; including the tobacco control movement.	<p><i>Required:</i></p> <p>Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' ScienceDirect: Preventative Medicine, vol. 47.</p> <p><i>Optional:</i></p> <p>Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. http://dx.doi.org/10.1136/tc.2010.036814</p>
Field Visit 3a: Puskesmas (Community Health Centre)	Public Health prevention and promotion activities in <i>puskesmas</i>	◆ Develop an understanding of the role of <i>puskesmas</i> in providing health promotion, prevention, and treatment services.	<p><i>Required:</i></p> <p>Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' <i>BMC International Health and Human Rights</i>, vol. 10, no. 3 [cited 2018 June 04]. Available from: http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3</p> <p><i>Optional:</i></p> <p>Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' <i>International Journal of Health Planning and Management</i>, vol. 33, no. 2, e586-e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era</p>
Field Visit 3b: Posyandu	Maternal and child health in rural area	◆ Develop an understanding of the role of community participation in the delivery of maternal and child health services in rural areas.	<p><i>Required:</i></p> <p>Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia.' <i>BMC Public Health</i> [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf</p> <p><i>Optional:</i></p> <p>Belton, S, Myers, B, & Ngana, F 2014, 'Maternal deaths in eastern Indonesia: 20 years and still walking: an ethnographic study.' <i>BMC Pregnancy and Childbirth</i>, vol. 14, no. 39.</p> <p>Laksono, A. D., Paramita, A., & Wulandari, R. D. (2019, August 16). Socioeconomic Disparities of Facility-Based Childbirth in Indonesia. Available from: https://doi.org/10.31227/osf.io/7b2su</p>
Field Visit 2: Eliminate Dengue Project	Eliminate Dengue Project site visit, the impact of the project	◆ Develop an understanding of novel approaches to eliminating dengue fever in Indonesia.	<p><i>Required:</i></p> <p>Tantowijoyo W, Arguni E, Johnson, P, et al 2016, 'Spatial and Temporal Variation in <i>Aedes aegypti</i> and <i>Aedes albopictus</i> (Diptera: Culicidae) Numbers in the Yogyakarta Area of Java, Indonesia, With Implications for Wolbachia Releases.' <i>Journal of Medical Entomology</i>, vol. 53, no.1, pp: 188-198.</p>
Field Visit 5: YAKKUM Rehabilitation Centre	Mental health and disability challenges	◆ Develop an understanding of the role of community-based organisations in responding to mental health and disability challenges in rural areas.	<p><i>Required:</i></p> <p>Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' <i>Social Science & Medicine</i>, vol. 106, pp: 20-27.</p> <p><i>Optional:</i></p> <p>Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' <i>International Journal of Mental Health Systems</i>, vol. 2, no. 8. Available from https://doi.org/10.1186/1752-4458-2-8</p>

Activity	Topic	Objective/ Learning outcome	Readings
Field Visit 6: Kali Code Walking Tour	Water and sanitation management and health challenges in a riverside community	◆ Develop an understanding of water, environmental and health issues in a riverside community.	<p><i>Required:</i> Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' <i>Water science and technology: a journal of the International Association on Water Pollution Research</i>, vol. 45, no. 11, pp 71-76.</p> <p><i>Optional:</i> Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i>, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p> <p>Indraswara, H 2009, 'Water woes.' <i>Inside Indonesia</i> [cited 2018 Jan 10]. Available from: http://www.insideindonesia.org/water-woes?</p> <p>N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Architecture; <i>Journal of Architecture and Urbanism</i>, 2018, 42(2): 177-187. Available from: https://doi.org/10.3846/jau.2018.6900</p>
Seminar K: DHF and Malaria Outbreak	DHF and Malaria prevention and response in Indonesia	◆ Develop an understanding of the burden of DHF and malaria in Indonesia and prevention and intervention measures of these diseases.	<p><i>Required:</i> Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, <i>Malaria Journal</i> (2019) 18:134</p> <p>Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. <i>International Journal of Health Geographics</i>, vol. 15, no. 13.</p> <p><i>Optional:</i> Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' <i>BMC Infectious Diseases</i>, vol. 14.</p> <p>Rodriguez-Morales, AJ 2018, <i>Current Topics in Tropical Emerging Diseases and Travel Medicine</i>. London: IntechOpen; Chapter 5. Available from https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine</p>
Seminar L: Disaster Management in Indonesia	Disaster Management in Indonesia	◆ Develop an understanding of Disaster Management in Indonesia	<p><i>Required</i> Jibiki, Y, Pelupessy, D, Susilowati, I, et al 2018, 'Exploring Community Preparedness for Complex Disaster: A Case Study in Cilegon (Banten Province in Indonesia)' in <i>International Conference of Occupational Health and Safety (ICOHS-2017)</i>, KnE Life Sciences, pages 237-249. DOI 10.18502/kls.v4i5.2556</p> <p>Lestari, F, Pelupessy, D, Jibki, Y, et al. 'Analysis on Complexity in Natech Disaster Risk Reduction and Management: The case study of Cilegon, Indonesia'</p> <p><i>Optional:</i> Grayman, JH 2014. 'Rapid response: Email, immediacy, and medical humanitarianism in Aceh, Indonesia.' <i>Social Science & Medicine</i>, vol. 120, pp. 334-343. doi:10.1016/j.socscimed.2014.04.024</p>

Appendix III: PHST Group Discussions & Presentations

Activity	Topic	Strategies
Small group discussions following Seminar B: General Overview of Indonesia's Public Health System	Health systems in Indonesia	Students will be split into groups to discuss the challenges the health system in Indonesia might face in an era of decentralisation, and provide recommendations on how to overcome these challenges.
Small group discussions following Seminar C: Indonesian Health Development Overview	Indonesian Health Development Overview	Students will be split into groups to discuss neational health development strategies.
Small group discussions following Seminar D: Sexual and Reproductive Health	Family Planning and Reproductive Health	Students will be split into groups to discuss trends in reproductive health and family planning issues and interventions to overcome it.
Small group discussions following Seminar E: Communicable Diseases	HIV, Tuberculosis and Neglected Tropical Diseases	Students will be split into groups to discuss the burden and public health interventions which relate to HIV, TB and neglected tropical diseases.
Small group discussions following Seminar F: Nutrition and Food Safety	Nutrition and Food Safety challenges.	Students will be split into groups to discuss the challenges of malnutrition in Indonesia and food safety.
Small group discussions following Seminar G: Non-Communicable Diseases	Non-Communicable Diseases in Indonesia: Tobacco Control	Students will be split into groups to discuss the current situation in Indonesia and public health interventions with respect to non-communicable diseases (including discussion of tobacco control programs in Indonesia).
Small group discussions following Seminar H: Neglected Diseases	Neglected Diseases	Students will be split into groups to discuss he burden and public health interventions which relate to neglected diseases.

Activity	Topic	Strategies
Final Student Presentations with Indonesian Students	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will complete a collaborative exercise with undergraduate students from Universitas Indonesia (UI) regarding urban health issues as well as national health issues in Indonesia. The students will form groups and discuss aspects of one of the specific topics covered in the seminars during the tour, for example:</p> <ul style="list-style-type: none"> Reproductive Health Communicable & Non-communicable Diseases Nutrition & Food Safety Urban Environmental Health Public Hospital/Community Health Centre <p>Students will give a brief presentation about a specific topic (to be assigned by UI lecturers). Lecturers from UI and the PHST Tour Leader will assess this component of the tour.</p>

Activity	Topic	Strategies
Small group discussions following Seminar I: Sexual and Reproductive Health	Sexual and Reproductive Health	Students will have Q&A sessions to discuss reproductive health challenges in Indonesia.
Small group discussions following Seminar J: Tobacco and Youth	Tobacco and Youth	Students will be split into groups to discuss the current situation in Indonesia and public health interventions with respect to tobacco control programs in Indonesia.
Small group discussions following Seminar K: Communicable Diseases: DHF and Malaria	DHF and Malaria prevention and response in rural settings	Students will be split into groups to discuss trends in DHF and malaria in rural settings in Indonesia and prevention efforts to overcome the health challenges posed by these diseases.
Small group discussions following Seminar L: Disaster Management in Indonesia	Disaster Management in Indonesia	Students will be split into groups to discuss Disaster Management in Indonesia.
Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will be split into small groups. Each group will need to choose a specific topic related to public health to present on, from the following list:</p> <div><div>Sexual and Reproductive Health</div><div>Malaria</div><div>DHF</div><div>Gender-based Health Issues</div><div>Maternal and Child Health</div></div> <p>Students will present their findings from their observations in the community and their recommendations for the future. The PHST Tour Leader will assess this component of the tour.</p>

Appendix IV: PHST Reflective Journal

Reflective Journal Instructions

Pre-departure Reflection

- ◆ Describe your current knowledge of Indonesia's key health issues and systems.
- ◆ What would you describe as the key current Public Health issues in Indonesia?
- ◆ What do you hope to learn through the PHST? Please outline your expectations.
- ◆ Please list three academic and three personal goals you hope to achieve through this tour.
- ◆ Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?
- ◆ Do you anticipate any other issues which may arise on the tour (academic or otherwise)? How would you plan to mitigate these issues, should they arise?

Mid-Tour Reflection

- ◆ What key issues have you examined through this week's activities?
- ◆ What are you learning? How does this reflect one (or more) of your required readings?
- ◆ What observations can you make regarding the health challenges facing Indonesia?
- ◆ How do your observations from the first week of the tour compare with your thoughts about Indonesia's health systems before you started the program?
- ◆ Did you face any challenges during the first week of the tour? How did you overcome them?
- ◆ Did you develop any new skills?
- ◆ What was your key learning outcome from the first week of the tour?
- ◆ Any other comments?

Final Reflection

- ◆ What was your most significant learning outcome from this program? Describe the PHST: Did it meet your expectations? Was it different from how you thought it would be?
- ◆ Did you achieve the academic and personal goals you set for yourself?
- ◆ What were the highlights of the tour? How does this reflect one (or more) of your required readings?
- ◆ Did you develop any important skills that you will use in your future?
- ◆ What do you know now about public health issues in Indonesia that you didn't know before? How do you think the social determinants of health relates to these issues?
- ◆ What observations can you make on public health system in Indonesia?
- ◆ What would you describe as issues in health promotion, public health planning, implementation and evaluation in Indonesia
- ◆ Did you face any challenges in cross-cultural communication and cross-cultural teamwork? How did you overcome them?
- ◆ Any other comments/observations?

Reflective Journal Template

Q: Describe your current knowledge of Indonesia's key health issues and systems.

A:

Q: What would you describe as the key current Public Health issues in Indonesia?

A:

Q: What do you hope to learn through the PHST? Please outline your expectations.

A:.....

Q: Please list three academic and three personal goals you hope to achieve through this tour.

A:.....

Q: Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?

A:.....

Q: Do you anticipate any other issues which may arise on the tour (academic or otherwise)?

A:.....

Q: How would you plan to mitigate these issues, should they arise?

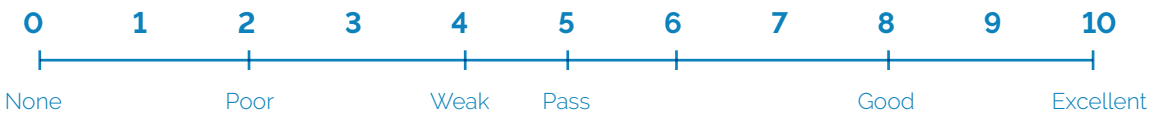
A:.....

Appendix V: Marking Rubrics

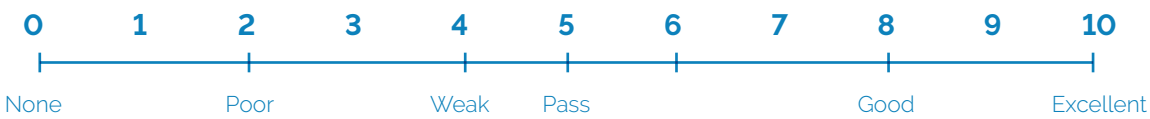
Assesment Item 1 - Seminar Series

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 30% of total program assessment)

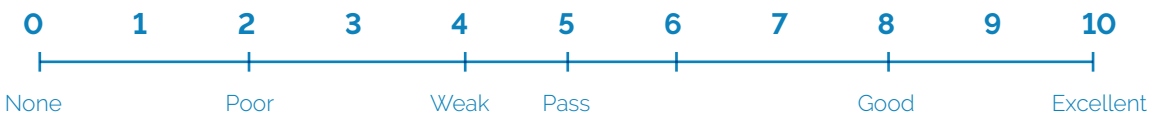
1. **Attendance:** Student consistently attended seminars.



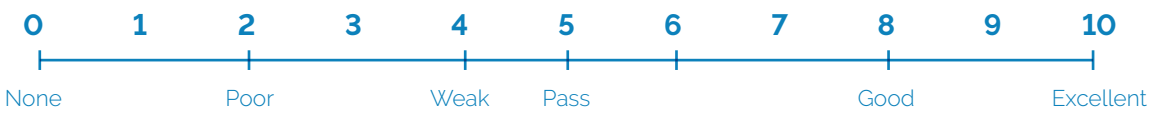
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.



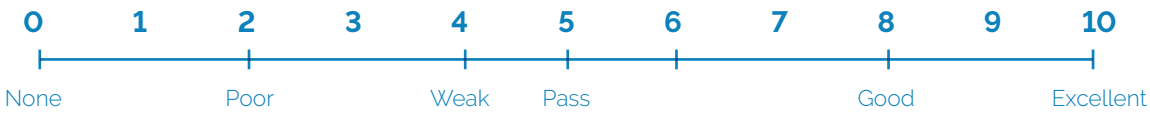
3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set seminar readings and evidence of critical engagement with texts.



4. **Level of Communication Skills:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others within a seminar context.



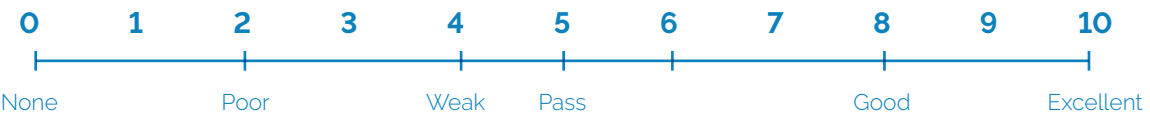
5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.



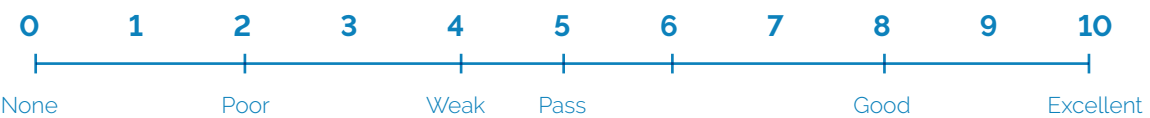
Assesment Item 2 - Field Trips

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

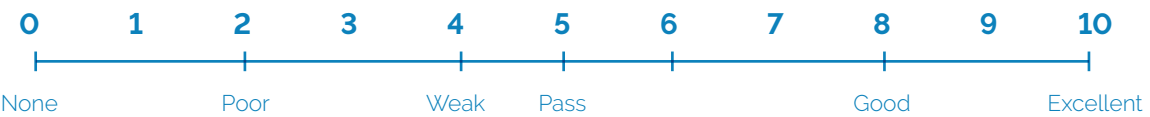
1. **Attendance:** Student consistently attended field trips.



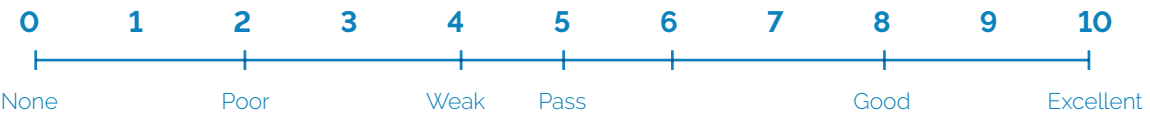
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussions with ideas.



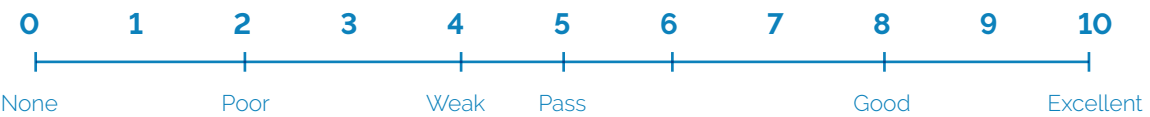
3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set field trip readings and evidence of critical engagement with texts.



4. **Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others.



5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply set readings to experiences and observations drawn from field trips.



Assesment Item 3 - Group Discussion and Presentations

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 25% of total program assessment)

1. **Intercultural Skills:** Student demonstrates sound cross-cultural communication skills and cross-cultural teamwork behaviours in the discussions.

012345678910

NonePoorWeakPassGoodExcellent
2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.

012345678910

NonePoorWeakPassGoodExcellent
3. **Academic Content:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

012345678910

NonePoorWeakPassGoodExcellent
4. **Level of Communication Skills:** Student can describe clearly the key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

012345678910

NonePoorWeakPassGoodExcellent
5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

012345678910

NonePoorWeakPassGoodExcellent

Assesment Item 4 - PHST Reflective Journal

Student Name:	
PHST Tour Dates:	
Tour Leader:	
Final Mark:	/50 (represents 20% of total program assessment)

1. **Reflexive Practice:** Student demonstrates ability to critically analyse and describe this international field experience and its impact on their own learning and development.

012345678910

NonePoorWeakPassGoodExcellent
2. **Integration of Experiences and Learning:** Student demonstrates familiarity with set course readings, evidence of critical engagement with texts and ability to apply these readings in experiences on the tour.

012345678910

NonePoorWeakPassGoodExcellent
3. **Understanding of Key Topics:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

012345678910

NonePoorWeakPassGoodExcellent
4. **Development of Skills:** Student can identify key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

012345678910

NonePoorWeakPassGoodExcellent
5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

012345678910

NonePoorWeakPassGoodExcellent

ACICIS Public Health Study Tour

Indonesian Partner University



Acknowledgements

ACICIS gratefully acknowledges the financial and in-kind support it has received from the Australian Government's 'New Colombo Plan' Mobility Grant Program, which has partially funded the development in the Public Health Study Tour for 2016-2022.

The New Colombo Plan is a signature initiative of the Australian Government which aims to lift knowledge of the Indo-Pacific in Australia by supporting Australian undergraduates to study and undertake professional experiences in the region. For more information on the New Colombo Plan, please visit: www.dfat.gov.au/new-columbo-plan

ACICIS is gratefully hosted by The University of Western Australia (UWA), one of Australia's leading teaching, learning and research universities. From its heritage riverside campus in Perth, UWA is consistently ranked in the top 100 universities in the world and is a national leader in student demand, graduate starting salaries, research grants and more.

ACICIS Member Universities



Australian
National
University



Curtin University



Flinders
UNIVERSITY



LA TROBE
UNIVERSITY



MONASH
University



RMIT
UNIVERSITY



SOAS
University of London



Universiteit
Leiden



UNSW
SYDNEY



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA



THE UNIVERSITY OF
SYDNEY



UTS
UNIVERSITY OF TECHNOLOGY SYDNEY



THE UNIVERSITY OF
WESTERN
AUSTRALIA



Australian Government



NEW COLOMBO PLAN

Connect to Australia's future - study in the region



ACICIS
Study Indonesia