ACICIS
Study Indonesia

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2021 Virtual Public Health Study Tour

Course Outline

Program Details

ACICIS Public Health Study Tour (PHST)

Dates: 16 - 30 January 2021

Location: Delivered online from Jakarta, Indonesia. All times mentioned in this document are Western Indonesian Time (UTC+07:00)

Credit Points: Recommended equivalency 25% of a full semester load (0.125 EFSTL). Actual subject weighting and academic credit awarded to be determined by a student's home university.

Mode: Online

Contact hours: **Total course time commitment: Approximately 110 hours**

Approximately 28 hours of seminars, tutorials and guided activities
Approximately 26 of virtual field trips, Indonesian language classes and cultural activities
Approximately 32 hours of independent study (seminar and virtual field trip readings)
Approximately 16 hours of group discussions and presentations
Approximately 8 hours of reflective journal writing

www.acicis.edu.au/programs/tour/public-health-study-tour

Contact Details

Program Facilitator: Australian Consortium for 'In-Country' Indonesian Studies (ACICIS)

www.acicis.edu.au

Perth Office: ACICIS Secretariat

@ enquiries@acicis.edu.au

+618 6488 6675

ACICIS PHST Tour Leader: TBD

Consultation Hours: TBD (Via Zoom)

@ TBD

TBD

ACICIS Resident Director: Dr Adrian Budiman

@ a.budiman@acicis.edu.au

+62 274 561 477

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Description

The Virtual Public Health Study Tour (PHST) is a two-week intensive program for public health students to gain experience in the public health sector in Indonesia. The virtual study tour will provide an introduction to the public health challenges currently facing Indonesia, including the COVID-19 pandemic, as well as existing government, international and community-led initiatives tasked with meeting these challenges. This is a unique opportunity for Australian students to hear from leading health professionals, policy-makers and community health workers in Indonesia, and to discuss approaches to health issues with Indonesian counterparts.

The two-week intensive virtual tour is made up of a comprehensive seminar series, and a number of virtual field visits to health care facilities and organisations in Indonesia which provide students with the opportunity to see firsthand how the public health system works in Indonesia and to understand the complex challenges it faces.

Discipline Areas

- Public health
- Health science
- Occupational health
- Epidemiology
- Nursing
- Environmental health
- Health promotion
- Community health
- Primary health care
- Health policy
- Public policy
- Reproductive Health

Supervision

A Tour Leader (TL) is assigned for the duration of the PHST to oversee all aspects of the pogram, including the supervision of its academic content. The TL also acts as the primary source of guidance and advice for students. The TL is available for student consultations on a regular schedule or by appointment.

All ACICIS programs in Indonesia operate under the direction of the ACICIS Resident Director, Dr Adrian Budiman, assisted by administrative staff in both Australia and Indonesia. ACICIS' administrative staff will check in with participants throughout the program and are available during business hours to assist with any concerns..

Structure and Schedule of Learning Activities

The structure of the two-week study tour is as follows:

- Approximately 28 hours of seminars, tutorials and guided activities
- Approximately 26 of virtual field trips, Indonesian language classes and cultural activities
- Approximately 32 hours of independent study (seminar and virtual field trip readings)
- Approximately 16 hours of group discussions and presentations
- Approximately 8 hours of reflective journal writing

Please see **Appendix I** for more details on the tour itinerary.

Educational Principles and Graduate Attributes

Throughout the PHST, students are supported to:

- Develop an understanding of the nature of public health issues in Indonesia;
- Develop an understanding of the social determinants of health as well as the Indonesian political, economic, and environmental context;
- Develop an understanding of primary health care practice in the Asia-Pacific region;
- Build networks with community-based NGOs, public and private service delivery agencies and other key stakeholders in the public health sector in Indonesia;
- Broaden knowledge about health promotion in rural and urban settings;
- Build academic skills and an appreciation of the "real life" challenges in actual public health settings; and
- Enrich their understanding of intercultural management and Indonesian organisational culture in the context of public health.

Learning Outcomes

Students who complete the PHST successfully will be able to:

- Identify the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia;
- Demonstrate knowledge of the implications of social determinants on access to and use of Indonesia's public health system;
- Identify key public health issues and their related sub-issues;
- Demonstrate an understanding of effective public health and health promotion, planning, implementation and evaluation;
- Demonstrate an ethical sense of social responsibility; and
- Demonstrate effective inter-cultural communication skills in a different cultural setting.

Assessment Mechanism

The following components are used to inform the PHST Tour Leader's student evaluation report. Students are required to complete all components satisfactorily in order to achieve an overall grade of 'Satisfactory' for the tour.

#	Component	Dates	Weighting	Notes
1	Seminars, Tutorials and Guided Activities	16- 30 January	30%	Attendance at, and participation in, all seminars, tutorials and guided activities organised by ACICIS and UI is expected. Evidence of familiarity with set readings will be assessed through participation.
2	Virtual Field Trips, Indonesian Language Classes and Interactive Cultural Activities	16- 30 January	25%	Attendance at, and participation in, all virtual field trips, Indonesian language classes and interactive cultural activities organised by ACICIS and UI is expected.
3	Group Discussions & Presentations	22 January & 30 January	25%	Students to discuss national health issues with Indonesian undergraduate public health students and deliver two group presentations to fellow students and staff.
4	Reflective Journal	8 January, 22 January & 29 January	20%	Three reflective journal entries to be submitted to the PHST Leader one week before the program start date, mid-program & at the end of the program. Evidence of familiarity with set readings will be assessed through reflective journal writing.

EXAMPLE

Component Details

1. Seminars, Tutorials and Guided Activities (28 hours)

The PHST consists of an introductory seminar on Indonesian culture, politics, and society alongside 11 seminars and 11 tutorials/guided activities related to public health topics. The seminars will be delivered by government representatives, academics, and NGO representatives. Participants must demonstrate adequate preparation through informed contributions to discussions and activities in order to pass this component of the program. Lively discussion groups and Q&A sessions will be a key aspect of these sessions. Students must attend and participate actively in all scheduled seminars, tutorials and guided activities. Please see **Appendix II** for more details about this component of the tour.

2. Virtual Field Trips, Indonesian Language Classes and Interactive Cultural Activities (26 hours)

Participants will undertake six virtual field trips. These include virtual visits to health care facilities in Indonesia where they will hear from workers in the health system. In order to enrich their knowledge about government and non-government programs, participants will also observe projects in vulnerable communities and learn abour the social determinants of health and well-being in the rural areas of Indonesia. Participants will also learn more about Indonesian language and culture through language classes (x3) and interactive cultural activities. (x2). Please see **Appendix II** for more details about this component of the tour.

3. Group Discussions & Presentations (16 hours)

Participants will collaborate with Indonesian undergraduate students and discuss in groups the national and urban health challenges in Indonesia. Groups will then deliver a presentation on a particular public health topic. Participants will also deliver a presentation on an aspect of a public health issue encountered in the community, as well as offer recommendations regarding future measures that could be adopted in order to overcome the issue. Please see **Appendix III** for more details about this component of the tour.

4. Reflective Journal (8 hours)

The purpose of the reflective journal is to encourage critical thinking and reflection from students on their theoretical and vocational learning while on the PHST. The reflective journal should also demonstrate evidence of a student's understanding of the set readings and ability to relate these readings to their daily experiences on the program.

To complete the reflective journal, students are required to:

- Complete a number of required readings;
- Complete three reflective journal entries detailing observations, challenges, learning experiences and outcomes of activities undertaken or experienced on the tour; and
- Reference and reflect on set readings.

Students are encouraged to use the reflective journal to record and elaborate on the significant issues encountered, including observations, challenges, learning experiences, or unexpected outcomes.

Comprehensive journal entries are to be submitted to the PHST Tour Leader one week before the program start date, mid-way through the program, and at the end of the program.

Please see **Appendix IV** for more details about this component of the program.

Award of Grade for the unit

Both the student and the student's home university will receive a copy of the PHST Tour Leader's student academic evaluation report. This assessment document will be sent electronically (or by post if requested) from the ACICIS Secretariat in Perth within six weeks of a student's completion of the tour. The home university may choose to award a grade or an ungraded pass/fail on the basis of this document and set any additional home university assessment requirements for the tour.

Reading List

Introduction to Indonesia

Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, Malaria Journal (2019) 18:134

Neelakantan, V 2013, 'The Indonesianization of Social Medicine', Lembaran Sejarah, vol. 10, no. 1. Available from https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654

Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1.

Vickers, A 2013, *A History of Modern Indonesia.* 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.

Health System, Policy and Management in Indonesia

Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' The Lancet, vol. 393, issue 10166, pp:75-102. Available from: https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(18)31647-7.pdf#articleInformation

Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' BMC International Health and Human Rights, vol. 10, no. 3 [cited 2018 June 04]. Available from: http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3

Laksono, A. D., Paramita, A., & Wulandari, R. D. (2019, August 16). Socioeconomic Disparities of Facility-Based Childbirth in Indonesia. https://doi.org/10.31227/osf.io/7b2su

Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' Asia Pacific Observatoriy on Health Systems and Policies, vol. 7, no. 1. [cited 2018 June 04]. Available from http://www.who.int/iris/handle/10665/254716

Ministry of Health of the Republic of Indonesia 2018. Indonesia Health Profile 2017. Available from http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesia-health-profile-2017.pdf

Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' The Lancet, vol. 392: pp. 581–91. Available from https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext

Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia'. BMC Public Health [cited 2018 Jan 10]. Available from: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf

Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' International Journal of Health Planning and Management, vol. 33, no. 2, e586-e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era

Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', New Mandala, 28 February 2019. Available from https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/

COVID-19 Pandemic in Indonesia

Djalante, R., Lassa, J., Setiamarga, D. et al 2020, 'Review and analysis of current responses to COVID-19 in Indonesia: Period of January to March 2020' *Progress in Disaster Science 6.* 2020.

World Health Organization, 2020. 'Coronavirus Disease 2019 (COVID-19): Situation Report-24'. Available from: https://www.who.int/docs/default-source/searo/indonesia/covid19/who-situation-report-24.pdf?sfvrsn=90e5e0d9_2

Non- Communicable diseases and Communicable diseases

Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' ScienceDirect: Preventative Medicine, vol. 47.

Boellstorff, T 2009. 'Nuri's testimony: HIV/AIDS in Indonesia and bare knowledge.' American Ethnologist, vol. 36, pp. 351-363. doi:10.1111/j.1548-1425.2009.01139.x

Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. http://dx.doi.org/10.1136/tc.2010.036814

Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. International Journal of Health Geographics, vol. 15, no. 13.

Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' BMC Infectious Diseases, vol. 14.

Krishnan, A, Ekowati, R, Baridalyne, N, et al 2011, 'Evaluation of community-based interventions for non-communicable diseases: experiences from India and Indonesia.' Health Promotion International, vol. 26, no. 3, pp: 276-289.

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' International Journal of Mental Health Systems, vol. 2, no. 8. Available from https://doi.org/10.1186/1752-4458-2-8

Rodriguez-Morales, AJ 2018. Current Topics in Tropical Emerging Diseases and Travel Medicine. London: IntechOpen; Chapter 5. Available from https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine

Soewondo, P, Ferrario, A, Tahapary, DL 2013. 'Challenges in diabetes management in Indonesia: a literature review', Globalization and Health, vol. 9, p. 63. Available from https://doi.org/10.1186/1744-8603-9-63

Stoicescu, C, Cluver, LD, Spreckelsen, T et al. 2018. 'Intimate Partner Violence and HIV Sexual Risk Behaviour Among Women Who Inject Drugs in Indonesia: A Respondent-Driven Sampling Study', AIDS and Behavior, vol. 22, pp. 3307-3323. Available from https://doi.org/10.1007/s10461-018-2186-2

Tri Wibawa and Tri Baskoro Tunggul Satoto, "Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era," Journal of Tropical Medicine, vol. 2016, Article ID 5716785, 9 pages, 2016. https://doi.org/10.1155/2016/5716785.

Sexual and Reproductive Health

Astuti, D, Hidayat, A, Humaira, R, Widyastari, D, & Sinaga, D 2017. 'Accessibility to Media and Its Relation to Stigmatization toward Lesbian-Gay-Bisexual and Transgender (LGBT) Individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' *Journal of Health Research*, vol. 31, no 4, pp: 263-269.

Budiharsana, M 2017, 'Contraceptive Services Available to Unmarried Sexually Active Adolescents.' *Makara Journal of Health Research*, vol. 21, no. 2.

Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: **https://digitalcommons.iwu.edu/uer/vol15/iss1/18**

Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' *Health Policy and Planning*, vol. 26, no. 5, pp: 373-384.

The Goverment of Indonesia 2017, *Family Planning 2020 Commitment* [cited 2018 June 04]. Available from: **http://www.familyplanning2020.org/entities/59**

EXAMPLE

Nutrition and Food Safety

Christiana R. Titaley , Iwan Ariawan , Dwi Hapsari , Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, Nutrients 2019, 11, 1106, doi:10.3390

Vollaard, AM, Ali, S, Vanasten, HAGH et al. 2004. 'Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia.' Epidemiology of Infection, vol. 132, pp. 863–72.

Shrimpton, R, & Rokx, C 2013, 'The double burden of malnutrition in Indonesia.' *World Bank Jakarta*

Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from http://documents.worldbank.org/curated/en/913341532704260864/main-report

Environmental Health

Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' Development and Change, vol. 45, pp. 157-178. doi:10.1111/dech.12075

Indraswara, H 2009, 'Water woes.' *Inside Indonesia* [cited 2018 Jan 10]. Available from: **http://www.insideindonesia.org/water-woes**

Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' Waste Management, vol.27, issue 12, pp. 1924-1938. https://doi.org/10.1016/j.wasman.2006.09.010

Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' *Water science and technology: a journal of the International Association on Water Pollution Research*, vol. 45, no. 11, pp 71-76.

Websites

WHO	**www.who.int/gho/countries/idn/country_profiles/en/**
UNICEF	**www.unicef.org/indonesia**
UNFPA	**indonesia.unfpa.org**
Indonesian Ministry of Health	**www.depkes.go.id**
Australia Indonesia Partnership for Health System Strengthening (AIPHSS)	**aiphss.org**
WFP	**www.wfp.org/countries/indonesia**
National AIDS commission	**www.aidsindonesia.or.id**
Jakarta government website	**www.jakarta.go.id/english**
International Food Policy Research Institute	**www.ifpri.org/country/indonesia**
Women Deliver	**www.womendeliver.org**
UNDP Indonesia	**www.id.undp.org**

EXAMPLE

Journal Name	Domain
Cancer Epidemiology, Biomarkers & Prevention	Chronic Diseases & Conditions; Epidemiology
Infection Control and Hospital Epidemiology	Communicable Diseases ; Epidemiology
Environmental Health Perspectives	Environmental Health
Journal of Toxicology and Environmental Health Part B: Critical Reviews	Environmental Health
Environmental Research	Environmental Health
International Journal of Hygiene and Environmental Health	Environmental Health
Environmental Health: A Global Access Science Source	Environmental Health
Scandinavian Journal of Work, Environment & Health	Environmental Health ; Occupational Health
International Journal of Epidemiology	Epidemiology
Epidemiologic Reviews	Epidemiology
Epidemiology	Epidemiology
European Journal of Epidemiology	Epidemiology
American Journal of Epidemiology	Epidemiology
Journal of Clinical Epidemiology	Epidemiology
Journal of Epidemiology & Community Health	Epidemiology ; Community Health ; General Public Health
Annual Review of Public Health	General Public Health
American Journal of Public Health	General Public Health
American Journal of Preventive Medicine	General Public Health
BMC Public Health	General Public Health
Lancet Global Health, The	Global Health
Bulletin of the World Health Organization	Global Health ; General Public Health
Health Expectations	Health Services Administration
Health Promotion International	Health Promotion
Journal of Adolescent Health	Maternal & Child Health
Tobacco Control	Social and Behavioural Sciences
Nicotine & Tobacco Research	Social and Behavioural Sciences

EXAMPLE

Appendices

Appendix I: PHST Itinerary 2020

Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
1	**Sat 16/01**	09:00 - 09:15 WIB	Opening ceremony	Opening Ceremony	Dean of FPH UI	ACICIS
		09:15 - 10:45 WIB	**Orientation Session 1**	Welcome, Staff Introductions, Understanding the Public Health Study Tour Program	ACICIS Staff, Tour Leader	
		10:45 - 11:00 WIB	Break			
		11:00 - 11:45 WIB	**Seminar A:** Introduction to Indonesia	Indonesian Modern History, Culture, Politics and Society	TBD	UI
		11:45 - 12:45 WIB	**Orientation Session 2**	Introductions to University of Indonesia student counterparts and icebreaker activities.	TBD	ACICIS & UI
		12:45 – 13:30 WIB	Break			
		13:30 – 14:30 WIB	**Tutorial**	Reflections on Pre-program Preparation	Tour Leader	ACICIS
2	**Sun, 17/01**	08:00 – 09:30 WIB	**Seminar B:** General Overview of Indonesian Public Health System	Health system in Indonesia 1	Prof. Purnawan Junadi	UI
				Health system in Indonesia 2	Dr. Sabarinah	
		09:30 – 10:15 WIB	**Discussion with UI Public Health Students**	Indonesian Public Health System	Tour Leader	UI & ACICIS
		10:15 – 10:30 WIB	Break			
		10:30 – 12:30 WIB	**Language Class I**	Greetings, introductions, numbers, names, food	LBI UI	UI
		12:30 – 13:15 WIB	Break			
		13:15 – 14:15 WIB	**Tutorial / Guided Activities**	Reflections on Day 2: Indonesian Public Health System	Tour Leader	ACICIS
3	**Mon, 18/01**	07:00 - 09:00 WIB	**Language Class II**	Weather, directions, getting around. Family members, basic conversation topics	LBI UI	ACICIS & UI
		09:00 – 09:15 WIB	Break			
		09:15 – 11:15 WIB	**Seminar C:** Indonesia Health Development Overview	Roles of Non-State Actors in the Decentralised Setting	Astrid Kartika	ACICIS & UI
				Public Health Challenges in Indonesia and Role of Stakeholders	dr. Erna Mulati, MSc, CMFM	
				UNFPA Perspective on Population Development in Indonesia UNFPA	Richard J. Makalew, PhD –UNFPA	
		11:15 – 12:00 WIB	**Discussion with UI Public Health Students**	Indonesia Health Development Overview	Tour Leader	ACICIS & UI
		12:00 – 12:45 WIB	Break			
		12:45 – 13:45 WIB	**Tutorial/Guided Activities**	Reflections on Day 3: Indonesia Health Development	Tour Leader	ACICIS
4.	**Tue. 19/01**	07:00 – 09:00 WIB	**Language Class III**	Indonesian for Public Health Purposes	LBI UI	UI
		09:00 – 09:15 WIB	Break			
		09:15 – 10:00 WIB	**Seminar D**: COVID-19 Pandemic in Indonesia	COVID-19 in Indonesia	COVID-19 Rapid Response Team	UI
		10:00 – 10:45 WIB		Epidemiological Approach Towards COVID-19	Iwan Ariawan, MD, MS	

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Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
		10:45 – 11:00 WIB	Break			
		11:00 – 11:45 WIB	**Seminar D:** COVID-19 Pandemic in Indonesia	Disaster Resilient Village	Prof. Fatma Lestari	UI
		11:45 – 12:30 WIB		Health Workforce and COVID-19	MOH	
		12:30 – 13:15 WIB	**Discussion with UI Public Health Students**	COVID-19 Pandemic in Indonesia	Tour Leader	ACICIS & UI
5	**Wed, 20/01**	08:00 – 10:00 WIB	**Virtual Field Visit 1:** Public Hospitals Q&A with representative from Public Hospital.	Secondary and Tertiary Care	Representative from RSUI, RSMM, and RSKO	UI
		10:00 – 10:15 WIB	Break			
		10:15 – 12:15 WIB	**Virtual Field Visit 2a** : Puskesmas (Community Health Centre)	Opening, Observing puskesmas and interacting with health practioners and patients, observing their function particularly in health prevention and promotion activities.	Babakan Madang, Citeureup, Jogjakarta Puskesmas representatives and facilitators	UI
			Virtual Field Visit 2b: Posyandu (Integrated Healthcare Centre)	Maternal and child health in rural area		
		12:15 – 13:00 WIB	Break			
		13:00 – 14:00 WIB	**Tutorial/Guided Activities**	Reflection on Days 4 & 5 COVID-19 in Indonesia Field visits: Public Hospitals, Puskesmas and Posyandu	Tour Leader	ACICIS

Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
6	**Thu, 21/01**	07:00 – 08:00 WIB	**Tutorial/Guided Activities**	Finalising Second Reflective Journal & Delivering an Effective Public Health Presentation	Tour Leader	ACICIS
		08:00 – 08:45 WIB	**Seminar E:** DHF and Malaria	DHF and Malaria prevention and response	Dr Sabarinah Prasetyo	UI
		08:45 – 09:30 WIB	**Discussion with UI Public Health Students**	DHF and Malaria	Tour Leader	
		09:30 – 09:45 WIB	Break			
		09:45 – 11:45 WIB	**Field Visit 3:** World Mosquito Program Site Visit	World Mosquito Program Site Visit	World Mosquito Program site visit, the impact of the project	ACICIS
		11:45 – 12:30 WIB	Break			
		12:30 – 14:00 WIB	**Presentation Preparation with UI Public Health Students**			ACICIS & UI
7	**Fri, 22/01**	09:30 - 11:30 WIB	**Student Presentations and Future Recommendations**	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations		ACICIS & UI
		11:30 - 12:15 WIB	Break			
		12:15 - 14:45 WIB	**Interactive Cultural Activities**	TBD	TBD	ACICIS & UI

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Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
8	**Sat, 23/01**	08:00 – 10:00 WIB	**Field Visit 4:** *Kali Code* River Community Virtual Tour	Water and sanitation management	Kali Code community	ACICIS
		10:00 – 10:15 WIB	Break			
		10:15 – 11:00 WIB	**Seminar F:** Sexual and Reproductive Health	TBD	Tour Leader	ACICIS
		11:00 – 12:00 WIB	**Tutorial/Guided Activities**	Reflections on Days 6 & 8 DHF and Malaria Water and Sanitation Management	Tour Leader	ACICIS
9	**Sun. 24/01**	Rest Day				
10	**Mon, 25/01**	08:00 – 09:00 WIB	**Tutorial/Guided Activities**	Week One Recap Feedback on Reflective Journals Feedback on Presentations	Tour Leader	ACICIS
		09:00 - 10:30 WIB	**Seminar G:** Nutrition and Food Safety	Stunting Updates: Indonesia Experience	Ahmad Syafiq, PhD	UI
				Food Safety Challenges in Indonesia in Response to COVID-19 Pandemic	Agustin Kusumayati, PhD	
		10:30 – 11:15 WIB	**Discussion with UI Public Health Students**	Nutrition and Food Safety	Tour Leader	ACICIS & UI
		11:15 – 12:00 WIB	Break			
		12:00 – 13:30 WIB	**Seminar H:** Non-Communicable Diseases	Non-Communicable Diseases in Indonesia in Response to COVID-19	Prof. Ratna Djuwita	UI
				Tobacco and Youth in Indonesia in Response to COVID-19 Pandemic	Dien Anshari, PhD	
		13:30 – 14:15 WIB	**Discussion with UI Public Health Students**	Non-Communicable Diseases	Tour Leader	ACICIS & UI

Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
10	**Tue, 26/01**	08:00 – 09:00 WIB	**Tutorial/Guided Activities**	Reflections on Day 9 Nutrition and Food Safety Non-Communicable Diseases	Tour Leader	ACICIS
		09:00 – 10:30 WIB	**Seminar I:** Sexual and Reproductive Health	Sexual and Reproductive Health	Samsara Rifka Annisa	ACICIS
		10:30 - 11:15 WIB	**Discussion with UI Public Health Students**	Sexual and Reproductive Health	Tour Leader	
		11:15 – 12:00 WIB	Break			
		12:00 – 13:30 WIB	**Seminar J:** Sexual and Reproductive Health	Reproductive Health and Family Planning Policy	dr. Nia Reviani, MAPS	UI
				An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019	Prof. Meiwita Budiharsana	
		13:30 – 14:15 WIB	**Discussion with UI Public Health Students**	Sexual and Reproductive Health		

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Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
11	**Wed, 27/01**	08:00 – 09:00 WIB	**Tutorial/Guided Activities**	Reflections on Day 10: Sexual and Reproductive Health	Tour Leader	ACICIS
		09:00 - 09:45 WIB	**Seminar K:** Mental Health Community Based Mental Health Service	Mental Health Community Based Mental Health Services	TBD	ACICIS & UI
		09:45 - 10:30 WIB	**Discussion with UI Public Health Students**	Mental Health	Tour Leader	
		10:30 - 10:45 WIB	**Break**			
		10:45 - 12:45 WIB	**Field Visit 5:** Disabilities and Mental Health Rehabilitation Centre	Visit to Yakkum Rehabilitation Centre	Yakkum Rehabilitation Centre representatives	ACICIS & UI
12	**Thu, 28/01**	08:00 – 09:00 WIB	**Tutorial/Guided Activities**	Reflections on Day 11: Mental Health Disabilities	Tour Leader	ACICIS
		09:00 - 09:45 WIB	**Seminar L:** Neglected Diseases	Neglected Diseases in Indonesia	Tri Yunis Miko	UI
		09:45 - 10:30 WIB	**Discussion with UI Public Health Students**	Neglected Diseases in Indonesia	TBD	UI
		10:30 - 10:45 WIB	**Break**			
		10:45 - 12:45 WIB	**Field Visit 6:** TPS 3R in Kota Bogor	Waste Management	TBD	UI

Day	Date	Time	Activity	Topic	Speaker	Partner/ Organised by
13.	**Fri, 29/01**	07:30 – 08:30 WIB	**Tutorial/Guided Activities**	Reflections on Day 12: Neglected Diseases and Waste Management Wrap Up of Learning Activities Q&A with Tour Leader regarding final assessment items (Final Reflective Journal Entry and Final Presentation).	Tour Leader	ACICIS
		08:30 - 11:00 WIB	**Interactive Cultural Activities**	TBD	TBD	ACICIS & UI
		11:00 - 11:30 WIB	Break			
		11:30 - 13:00 WIB	**Presentation Preparation with UI Public Health Students**			ACICIS & UI
14	**Sat, 30/01**	09:30 - 11:30 WIB	**Final presentation**	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations	Dr. Sabarinah, Tour Leader and UI Lecturers	ACICIS & UI
		11:30 - 12:30 WIB	**Closing Ceremony**		TBD	ACICIS & UI

EXAMPLE

Appendix II: PHST Seminar Series and Fieldtrips

Activity	Topic	Objective/ Learning Outcome		Readings
Seminar A: Introduction to Indonesia	Indonesian modern history, culture, politics and society	◆ Develop an understanding of Indonesian modern history, culture, politics and society.		*Required:* Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1. Vickers, A 2013, *A History of Modern Indonesia.* 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1. *Optional:* Neelakantan, V 2013, 'The Indonesianization of Social Medicine', Lembaran Sejarah, vol. 10, no. 1. Available from **https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654**
Seminar B: General Overview of the Indonesian Public Health System	Health system in Indonesia	◆ Develop an understanding of the Indonesian public health system.		*Required:* Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' The Lancet, vol. 393, issue 10166, pp:75-102. Available from: **https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31647-7/fulltext** Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' *Asia Pacific Observatoriy on Health Systems and Policies*, vol. 7, no. 1. [cited 2018 June 04]. Available from **http://www.who.int/iris/handle/10665/254716** *Optional:* Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' The Lancet, vol. 392: pp. 581–91. Available from **https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext** Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', New Mandala, 28 February 2019. Available from **https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/**
Seminar C: Indonesian Health Development Overview	Public Health in Indonesia, National Health Development Strategy	◆ Develop an understanding of health development strategies employed within Indonesia's health system, and the role of international partners.		*Required:* Ministry of Health of the Republic of Indonesia 2018. Indonesia Health Profile 2017. Available from **http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/indonesia-health-profile-2017.pdf** *Optional:* Australian Government, Department of Foreign Affairs and Trade (DFAT) 2015, *Aid Investment Plan Indonesia: 2015-16 to 2018-19: Strategic priorities and rationale* [cited 2018 June 04]. Available from: **http://dfat.gov.au/about-us/publications/Pages/aid-investment-plan-aip-indonesia-2015-16-to-2018-19.aspx** Whitelum, B 2018, *Independent Progress Review KOMPAK: Australia Indonesia Partnership for Decentralized Basic Service Delivery* [cited 2018 June 04]. Available from: **http://dfat.gov.au/about-us/publications/Documents/kompak-independent-progress-review.pdf**

EXAMPLE

Activity	Topic	Objective/ Learning Outcome		Readings
Seminar D: COVID-19 Pandemic in Indonesia	COVID-19 Pandemic in Indonesia	◆ Develop an understanding of the impact of and epidemiological approaches towards COVID-19 in Indonesia		Required Djalante, R., Lassa, J., Setiamarga, D. et al 2020, 'Review and analysis of current responses to COVID-19 in Indonesia: Period of January to March 2020' *Progress in Disaster Science 6*. 2020. World Health Organization, 2020. 'Coronavirus Disease 2019 (COVID-19): Situation Report-24'. Available from: https://www.who.int/docs/default-source/searo/indonesia/covid19/who-situation-report-24.pdf?sfvrsn=90e5e0d9_2 *Optional:* Balajee S, Pasi OG, Etoundi AM, et al 2017. 'Sustainable model for public health emergency operations centers for global settings' *Emerging Infectious Diseases*. 2017;23(13). Available from: **http://doi.org/10.3201/eid2313.170435.** Vu, K., Nguyen, P., Pearson, J. (2020), 'After aggressive mass testing, Vietnam says it contains coronavirus outbreak', Reuters, 30 April. Available from: **https://www.reuters.com/article/%20us-health-coronavirus-vietnam-%20fight-%20-insi/after-aggressive-mass-testing-%20-vietnam-says-it-%20contains-coronavirus-outbreak-idUSKBN22B34H**
Virtual Field Visit 1: Public Hospital	Hospital programs and activities in treatment and prevention	◆ Develop an understanding of the role of public hospitals as health prevention and treatment providers.		*Required:* Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' *Expert Systems with Applications*, vol. 42. no. 6, pp: 3067-3078.
Virtual Field Visit 2a: *Puskesmas* (Community Health Centre)	Public Health prevention and promotion activities in *puskesmas*	◆ Develop an understanding of the role of *puskesmas* in providing health promotion, prevention, and treatment services.		*Required:* Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' *BMC International Health and Human Rights*, vol. 10, no. 3 [cited 2018 June 04]. Available from: **http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3** *Optional:* Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era,' International Journal of Health Planning and Management, vol. 33, no. 2, e586-e596. Available from **https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era**
Virtual Field Visit 2b: *Posyandu* (Integrated Healthcare Centre)	Maternal and child health in rural area	◆ Develop an understanding of the role of community participation in the delivery of maternal and child health services in rural areas.		*Required:* Nazri, C, Yamazaki, C, Kameo, S, et al 2015, 'Factors influencing mother's participation in Posyandu for improving nutritional status of children under-five in Aceh Utara district, Aceh province, Indonesia'. *BMC Public Health* [cited 2018 Jan 10]. Available from: **http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4724156/pdf/12889_2016_Article_2732.pdf** *Optional:* Belton, S, Myers, B, & Ngana, F 2014, 'Maternal deaths in eastern Indonesia: 20 years and still walking: an ethnographic study.' *BMC Pregnancy and Childbirth*, vol. 14, no. 39. Laksono, A. D., Paramita, A., & Wulandari, R. D. (2019, August 16). Socioeconomic Disparities of Facility-Based Childbirth in Indonesia. Available from: **https://doi.org/10.31227/osf.io/7b2su**

EXAMPLE

Activity	Topic	Objective/ Learning Outcome		Readings
Seminar E: DHF and Malaria	DHF and Malaria prevention and response in Indonesia	◆ Develop an understanding of the burden of DHF and malaria in Indonesia and prevention and intervention measures of these diseases.		*Required:* Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, Malaria Journal (2019) 18:134 Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. *International Journal of Health Geographics*, vol. 15, no. 13. *Optional:* Karyanti, M, Uiterwaal, C, Kusraistuti, R, et al 2014, 'The changing incidence of Dengue Haemorrhagic Fever in Indonesia: a 45-year registry-based analysis.' *BMC Infectious Diseases*, vol. 14. Rodriguez-Morales, AJ 2018. Current Topics in Tropical Emerging Diseases and Travel Medicine. London: IntechOpen; Chapter 5. Available from **https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine**
Virtual Field Visit 3: World Mosquito Program Site Visit	World Mosquito Program Site Visit site visit, the impact of the project	◆ Develop an understanding of novel approaches to eliminating dengue fever in Indonesia.		*Required:* Tantowijoyo W, Arguni E, Johnson, P, et al 2016, 'Spatial and Temporal Variation in Aedes aegypti and Aedesalbopictus (Diptera: Culicidae) Numbers in the Yogyakarta Area of Java, Indonesia, With Implications for Wolbachia Releases.' *Journal of Medical Entomology*. vol. 53, no.1, pp: 188-198.
Virtual Field Visit 4: *Kali Code* Virtual Tour	Water and sanitation management and health challenges in a riverside community	◆ Develop an understanding of water, environmental and health issues in a riverside community.		*Required:* Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' *Water science and technology: a journal of the International Association on Water Pollution Research*, vol. 45, no. 11, pp 71-76. *Optional:* Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' Development and Change, vol. 45, pp. 157-178. doi:10.1111/dech.12075 Indraswara, H 2009, 'Water woes.' *Inside Indonesia* [cited 2018 Jan 10]. Available from: **http://www.insideindonesia.org/water-woes?** N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Archiecture; Journal of Architecture and Urbanism, 2018, 42(2): 177–187, Available from: https://doi.org/10.3846/jau.2018.6900
Seminar F, I, J : Sexual and Reproductive Health	Reproductive health and family planning policy; Adolescent reproductive health; Family Planning in Indonesia	◆ Develop an understanding of family planning and reproductive health issues.		*Required:* Budiharsana, M 2019, An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019 Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: **https://digitalcommons.iwu.edu/uer/vol15/iss1/18** The Goverment of Indonesia 2017, *Family Planning 2020 Commitment* [cited 2018 June 04]. Available from: **http://www.familyplanning2020.org/entities/59**

EXAMPLE

Activity	Topic	Objective/ Learning outcome		Readings
Seminar G: Nutrition and Food Safety	Burden of malnutrition in Indonesia and food safety issues	◆ Develop an understanding f the burden of malnutrition in Indonesia and issues with food safety.		*Required:* A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurantsand street vendors in Jakarta, Indonesia. Epidemiol Infect 2004;132:863–72 Titaley , C., Iwan Ariawan , Dwi Hapsari , Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, Nutrients 2019, 11, 1106, doi:10.3390.
Seminar H: Non Communicable Diseases	Non-communicable diseases in Indonesia	◆ Develop an understanding of trends in non-communicable diseases in Indonesia and preventative approaches.		*Required:* Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' ScienceDirect: Preventative Medicine, vol. 47. Krishnan, A, Ekowati, R, Baridalyne, N, et al 2011, 'Evaluation of community-based interventions for non-communicable diseases: experiences from India and Indonesia.' Health Promot International, vol. 26, no. 3, pp: 276-289. *Optional:* Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. http://dx.doi.org/10.1136/tc.2010.036814
Seminar K: Mental Health Community Based Mental Health Service	Mental Health Community Based Mental Health Services	◆ Develop an understanding of mental health issues in the community		*Required:* Windarwati, H. Oktaviana, W, Mukarromah, I. et al 2020, ' In the middle of the COVID-19 outbreak: Early practical guidelines for psychosocial aspects of COVID-19 in East Java, Indonesia' *Psychiatry Research*, vol 293, article ID 113395. Available from https://www.sciencedirect.com/science/article/pii/S0165178120309926
Field Visit 5: YAKKUM Rehabilitation Centre	Mental health and disability challenges	◆ Develop an understanding of the role of community-based organisations in responding to mental health and disability challenges in rural areas.		*Required:* Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' *Social Science & Medicine*, vol. 106, pp: 20-27. *Optional:* Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' International Journal of Mental Health Systems, vol. 2, no. 8. Available from https://doi.org/10.1186/1752-4458-2-8
Seminar L: Neglected diseases	Neglected Diseases in Indonesia	◆ Develop an understanding of the burden of Neglected Disease in Indonesia and interventions targeted to address the issues		*Required:* Wibawa, T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Postmillennium Development Goals Era.' Journal of Tropical Medicine, vol. 2016, article ID 5716785. Available from https://doi. org/10.1155/2016/5716785.
Field Visit 6: Community-Based Waste Management	Participatory-Development Approach for Environmental Health	◆ Develop an understanding of community participation in environmental health interventions in Indonesia.		*Required:* Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' Waste Management, vol.27, issue 12, pp. 1924-1938. https://doi.org/10.1016/j.wasman.2006.09.010 *Optional:* Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' Development and Change, vol. 45, pp. 157-178. doi:10.1111/dech.12075

EXAMPLE

Appendix III: PHST Group Discussions & Presentations

Activity	Topic	Strategies
Group discussions following Seminar B: General Overview of Indonesia's Public Health System	Health systems in Indonesia	Students will discuss the challenges the health system in Indonesia might face in an era of decentralisation, and provide recommendations on how to overcome these challenges.
Group discussions following Seminar C: Indonesian Health Development Overview	Indonesian Health Development Overview	Students will discuss national health development strategies.
Group discussions following Seminar D: COVID-19 Pandemic in Indonesia	COVID-19 response in Indonesia	Students will discuss Indonesia's response to COVID-19
Group discussions following Seminar E: DHF and Malaria	DHF and Malaria prevention and response in rural settings	Students will discuss trends in DHF and malaria in rural settings in Indonesia and prevention efforts to overcome the health challenges posed by these diseases.
First Student Presentations with University of Indonesia Public Health Students	Divided into small groups, presentations to reflect on Indonesia's health challenges and recommendations	Students will complete a collaborative exercise with undergraduate students from Universitas Indonesia (UI) regarding urban health issues as well as national health issues in Indonesia. The students will form groups and discuss aspects of one of the specific topics covered in the seminars during the tour, for example: Indonesia Health Profile Non-communicable Diseases Malaria and DHF COVID-19 Pandemic in Indonesia Urban Enviromental Health Public Hospital/Community Health Centre Students will give a brief presentation about a specific topic (to be assigned by UI lecturers). Lecturers from UI and the PHST Tour Leader will assess this component of the tour.
Group discussions following Seminar G: Nutrition and Food Safety	Nutrition and Food Safety challenges.	Students will discuss the challenges of malnutrition in Indonesia and food safety.
Group discussions following Seminar H: Non-Communicable Diseases	Non-Communicable Diseases in Indonesia: Tobacco Control	Students will discuss the current situation in Indonesia and public health interventions with respect to non-communicable diseases (including discussion of tobacco control programs in Indonesia).
Group discussions following Seminar F, I, J: Sexual and Reproductive Health	Sexual and Reproductive Health	Students will have Q&A sessions to discuss reproductive health challenges in Indonesia.
Group discussions following Seminar K: Mental Health	Mental Health Community Based Mental Health Service	Students will discuss mental health related issues in the community.
Group discussions following Seminar L: Neglected Diseases	Neglected Diseases	Students will discuss he burden and public health interventions which relate to neglected diseases.
Final student presentations and future recommendations	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	Students will be split into small groups. Each group will need to choose a specific topic related to public health to present on, from the following list: Nutrition & Food Safety Non-communicable Diseases Sexual and Reproductive Health Mental Health Maternal and Child Health Students will present their findings from their observations in the community and their recommendations for the future. The PHST Tour Leader will assess this component of the tour.

EXAMPLE

Appendix IV: PHST Reflective Journal

Reflective Journal Instructions

Pre-departure Reflection

- Describe your current knowledge of Indonesia's key health issues and systems.
- What would you describe as the key current Public Health issues in Indonesia?
- What do you hope to learn through the PHST? Please outline your expectations.
- Please list three academic and three personal goals you hope to achieve through this tour.
- Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?
- Do you anticipate any other issues which may arise on the tour (academic or otherwise)? How would you plan to mitigate these issues, should they arise?

Mid-Tour Reflection

- What key issues have you examined through this week's activities?
- What are you learning? How does this reflect one (or more) of your required readings?
- What observations can you make regarding the health challenges facing Indonesia?
- How do your observations from the first week of the tour compare with your thoughts about Indonesia's health systems before you started the program?
- Did you face any challenges during the first week of the tour? How did you overcome them?
- Did you develop any new skills?
- What was your key learning outcome from the first week of the tour?
- Any other comments?

Final Reflection

- What was your most significant learning outcome from this program? Describe the PHST: Did it meet your expectations? Was it different from how you thought it would be?
- Did you achieve the academic and personal goals you set for yourself?
- What were the highlights of the tour? How does this reflect one (or more) of your required readings?
- Did you develop any important skills that you will use in your future?
- What do you know now about public health issues in Indonesia that you didn't know before? How do you think the social determinants of health relates to these issues?
- What observations can you make on public health system in Indonesia?
- What would you describe as issues in health promotion, public health planning, implementation and evaluation in Indonesia
- Did you face any challenges in cross-cultural communication and cross-cultural teamwork? How did you overcome them?
- Any other comments/observations?

EXAMPLE

Reflective Journal Template

Q: Describe your current knowledge of Indonesia's key health issues and systems.

A: .....

Q: What would you describe as the key current Public Health issues in Indonesia?

A: .....

Q: What do you hope to learn through the PHST? Please outline your expectations.

A:.....

Q: Please list three academic and three personal goals you hope to achieve through this tour.

A:.....

Q: Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?

A:.....

Q: Do you anticipate any other issues which may arise on the tour (academic or otherwise)?

A:.....

Q: How would you plan to mitigate these issues, should they arise?

A:.....

Appendix V: Marking Rubrics

Assesment Item 1 - Seminar Series

Student Name:		
PHST Tour Dates:		
Tour Leader:		
Final Mark:	/50	(represents 30% of total program assessment)

1. **Attendance:** Student consistently attended seminars.

0	1	2	3	4	5	6	7	8	9	10
None		Poor		Weak	Pass			Good		Excellent

2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.

0	1	2	3	4	5	6	7	8	9	10
None		Poor		Weak	Pass			Good		Excellent

3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set seminar readings and evidence of critical engagement with texts.

0	1	2	3	4	5	6	7	8	9	10
None		Poor		Weak	Pass			Good		Excellent

4. **Level of Communication Skills:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others within a seminar context.

0	1	2	3	4	5	6	7	8	9	10
None		Poor		Weak	Pass			Good		Excellent

5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.

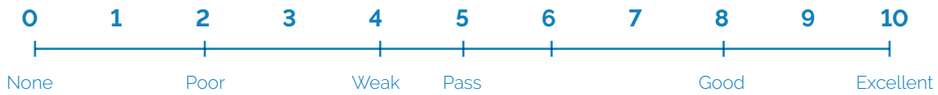
0	1	2	3	4	5	6	7	8	9	10
None		Poor		Weak	Pass			Good		Excellent

Assesment Item 2 - Field Trips

Student Name:		
PHST Tour Dates:		
Tour Leader:		
Final Mark:	/50	(represents 25% of total program assessment)

1. **Attendance:** Student consistently attended field trips.

2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussions with ideas.



3. **Evidence of Preparation and Critical Thinking:** Student demonstrates familiarity with set field trip readings and evidence of critical engagement with texts.

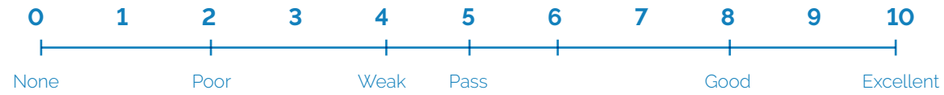
4. **Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others.

5. **Integration of Experiences and Learning:** Student demonstrates an ability to apply set readings to experiences and observations drawn from field trips.

Assesment Item 3 - Group Discussion and Presentations

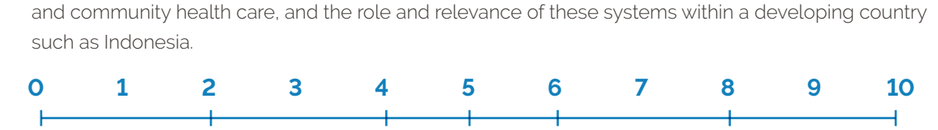
Student Name:		
PHST Tour Dates:		
Tour Leader:		
Final Mark:	/50	(represents 25% of total program assessment)

1. **Intercultural Skills:** Student demonstrates sound cross-cultural communication skills and cross-cultural teamwork behaviours in the discussions.

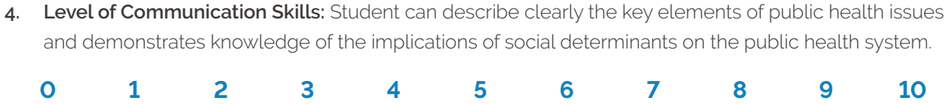


2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.

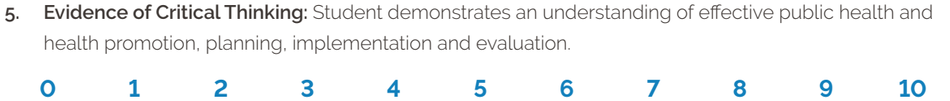
3. **Academic Content:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.



4. **Level of Communication Skills:** Student can describe clearly the key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.



5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.



Assesment Item 4 - PHST Reflective Journal

Student Name:		
PHST Tour Dates:		
Tour Leader:		
Final Mark:	/50	(represents 20% of total program assessment)

1. **Reflexive Practice:** Student demonstrates ability to critically analyse and describe this international field experience and its impact on their own learning and development.

2. **Integration of Experiences and Learning:** Student demonstrates familiarity with set course readings, evidence of critical engagement with texts and ability to apply these readings in experiences on the tour.

3. **Understanding of Key Topics:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

4. **Development of Skills:** Student can identify key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

5. **Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

ACICIS Public Health Study Tour

Indonesian Partner University

UNIVERSITAS INDONESIA

Veritas, Probitas, Iustitia

Acknowledgements

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The New Colombo Plan is a signature initiative of the Australian Government which aims to lift knowledge of the Indo-Pacific in Australia by supporting Australian undergraduates to study and undertake professional experiencesin the region. For more information on the New Colombo Plan, please visit: **www.dfat.gov.au/new-colombo-plan**

ACICIS is gratefully hosted by The University of Western Australia (UWA), one of Australia's leading teaching, learning and research universities. From its heritage riverside campus in Perth, UWA is consistently ranked in the top 100 universities in the world and is a national leader in student demand, graduate starting salaries, research grants and more.

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