

Acicis Course Outline

Public Health Study Tour

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Acicis 2025 Public Health Study Tour: Course Outline

Program Details

Title	Acicis Public Health Study Tour		
Dates	5 - 19 July 2025	Credit Points	Recommended equivalency 25% of a full semester load (0.125 EFSTL). Actual subject weighting and academic credit awarded to be determined by a student's home university
Location	Jakarta and Yogyakarta, Indonesia	Mode	Off-Campus

Contact Details

Program Facilitator	Acicis
Website	http://www.acicis.edu.au
Perth Office	Acicis Secretariat
Email	enquiries@acicis.edu.au
Phone Number	TBC
Program Assistant	TBC
Email	TBC
Acicis Resident Director	Dr Adrian Budiman
Email	a.budiman@acicis.edu.au
Phone Number	+62 274 561 477
Contact hours	<p>Total course time commitment: Approximately 110 hours</p> <p>Approximately 20 hours of seminars Approximately 32 hours of independent study (seminar readings) Approximately 28 hours of field trips Approximately 16 hours of group discussions and presentations Approximately 8 hours of reflective journal writing Approximately 6 hours of language classes</p>
Online program description	https://www.acicis.edu.au/our-programs/health/public-health-study-tour-phst/

Description

The Public Health Study Tour (PHST) is a two-week intensive program for public health students to gain experience in the public health sector in Indonesia. The study tour will provide an introduction to the public health challenges currently facing Indonesia, as well as existing government, international and community- led initiatives tasked with meeting these challenges. This is a unique opportunity for Australian students to hear from leading health professionals, policy-makers and community health workers in Indonesia, and to discuss approaches to health issues with Indonesian counterparts.

The two-week intensive tour is made up of a comprehensive seminar series, and a number of field visits to health care facilities and organisations in Indonesia which provide students with the opportunity to see firsthand how the public health system works in Indonesia and to understand the complex challenges it faces.

Discipline Areas

- Public health
- Health science
- Occupational health
- Epidemiology
- Nursing
- Environmental health
- Health promotion
- Community health
- Primary health care
- Health policy
- Public policy
- Reproductive health

Supervision

Acicis' programs in Indonesia operate under the direction of the ACICIS Resident Director, Dr Adrian Budiman.

A Tour Leader will be assigned for the duration of the PHST to provide academic supervision of the tour. Alongside Tour Leader there will be a Tour Coordinator and Program Assistants, who will serve as the primary liaison assisting with the planning of the tour. ACICIS staff will provide comprehensive in-country pastoral support services for students during their time in Indonesia.

Structure and Schedule of Learning Activities

The structure of the two-week study tour is as follows:

- One week of seminars and field trips in Depok/Jakarta, in collaboration with Universitas Indonesia (UI), DFAT, Development agencies and including one day of concluding discussions and group presentations.
- One week of seminars and field trips in Yogyakarta, including one day of concluding discussions and group presentations;

Please see [Appendix I](#) for more details on the tour itinerary.

Educational Principles and Graduate Attributes

Throughout the PHST, students are supported to:

- Develop an understanding of the nature of public health issues in Indonesia;
- Develop an understanding of the social determinants of health as well as the Indonesian political, economic, and environmental context;
- Develop an understanding of primary health care practice in the Asia-Pacific region;
- Build networks with community-based NGOs, public and private service delivery agencies and other key stakeholders in the public health sector in Indonesia; and
- Broaden knowledge about health promotion in rural and urban settings;
- Build academic skills and an appreciation of the “real life” challenges in actual public health settings; and
- Enrich their understanding of intercultural management and Indonesian organisational culture in the context of public health.

Learning Outcomes

Students who complete the PHST successfully should be able to:

- Identify the key features of Indonesia’s primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia;
- Demonstrate knowledge of the implications of social determinants on access to and use of Indonesia’s public health system;
- Identify key public health issues and their related sub-issues;
- Demonstrate an understanding of effective public health and health promotion, planning, implementation and evaluation;
- Demonstrate an ethical sense of social responsibility; and
- Demonstrate effective inter-cultural communication skills in a different cultural setting.

Assessment Mechanism

The following components are used to inform the PHST Tour Leader’s student evaluation report. Students are required to complete all components satisfactorily in order to achieve an overall grade of ‘Satisfactory’ for the tour.

A student’s home university retains the right to set and grade other assessment tasks related to the program. While Acicis makes a recommendation about how much academic credit a student should be awarded for their participation in the program, it is up to individual home universities to determine their own protocols and rules for awarding academic credit to students who undertake and successfully complete the program.

Assessment Components

Acicis' IRP program is composed of the following key components, as outlined below. Students are required to satisfactorily complete all components in order to achieve an overall grade of 'Satisfactory' for the program:

#	Component	Dates	Weighting	Notes
1	Seminar Series	5 – 15 July	10%	Attendance at, and participation in, all seminar series organised by ACICIS is expected. Evidence of familiarity with set readings will be assessed through seminar participation.
2	Seminar series and Fieldtrips	9 - 18 July	10%	Attendance at, and participation, in all field trips and cultural activities organised by Acicis is expected.
3	Practicum Placement	12 & 19 July	40%	Students to discuss national health issues with Indonesian undergraduate public health students and deliver two group presentations to fellow students and staff.
4	Reflective Journal	30 June, 14 July, 21 July	20%	Three reflective journal entries to be submitted to the PHST leader one week before the tour starts, mid-tour & at the end of the tour. Evidence of familiarity with set readings will be assessed through reflective journal writing.

Component Details

1. Seminar Series (20 hours)

The Seminar Series of the PHST consists of ten seminars: one introductory seminar on Indonesian culture, politics, and society, and nine seminars on public health topics. The seminars will be delivered by government representatives, academics, and NGO representatives. Participants must demonstrate adequate preparation through informed contributions to discussions and activities in order to pass this component of the program. Lively discussion groups and Q&A sessions will be a key aspect of these sessions. Students must attend and participate actively in a minimum of 80% of all scheduled seminars. Please see [Appendix II](#) for more details about this component of the tour.

2. Field Trips (32 hours)

Participants will also undertake numerous field visits to health care facilities in Indonesia. Students will meet with workers in the health system as well as communities to observe current public health responses. In order to enrich their knowledge about government and non-government programs, participants will observe on-site projects in vulnerable communities. Participants will also observe the social determinants of health and well-being in the rural areas of Indonesia through visits and interaction with the local community. Please see [Appendix II](#) for more details about this component of the tour.

3. Group Discussions & Presentations (16 hours)

In Yogyakarta, participants will discuss, observe and interview local community members and health care workers, and will deliver a presentation on an aspect of a public health issue encountered in the community, as well as offer recommendations regarding future measures that could be adopted in order to overcome the issue. At Universitas Indonesia (UI), Jakarta, participants will collaborate with Indonesian undergraduate students and discuss in groups the national and urban health challenges in Indonesia. Groups will then deliver a presentation on a particular public health topic. Please see [Appendix III](#) for more details about this component of the tour.

4. Reflective Journal (8 hours)

The purpose of the reflective journal is to encourage critical thinking and reflection from students on their theoretical and vocational learning while on the PHST. The reflective journal should also demonstrate evidence of a student's understanding of the set readings and ability to relate these readings to their daily experiences on the tour.

To complete the Reflective Journal, students are required to:

- Complete a number of required readings;
- Complete three reflective journal entries detailing observations, challenges, learning experiences and outcomes of activities or experienced on the tour, and
- Reference and reflect on set readings

Students are encouraged to use the reflective journal to record and elaborate on the significant issues encountered, including observations, challenges, learning experiences, or unexpected outcomes.

Comprehensive journal entries are to be submitted to the PHST Tour Leader one week before the tour start, mid-way through the tour, and at the end of the tour.

Please see [Appendix IV](#) for more details about this component of the tour.

Award of Grade for the unit

Both the student and the student's home university will receive a copy of the PHST Tour Leader's student academic evaluation report. This assessment document will be sent electronically (or by post if requested) from the Acicis Secretariat in Perth within six weeks of a student's completion of the tour. The home university may choose to award a grade or an ungraded pass/fail on the basis of this document and any additional home university assessment requirements for the tour.

Reading List

Introduction to Indonesia

Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, *Malaria Journal* (2019) 18:134 Neelakantan, V 2013, 'The Indonesianization of Social Medicine', *Lembaran Sejarah*, vol. 10, no. 1. Available from <https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654>

Pisani, E 2014, *Indonesia Etc.* Jakarta: Lontar Press; Chapter 1.

Vickers, A 2013, *A History of Modern Indonesia*. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.

Health System, Policy and Management in Indonesia

Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' *The Lancet*, vol. 393, issue 10166, pp:75-102.

Available from: [https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736\(18\)31647-7.pdf#articleInformation](https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(18)31647-7.pdf#articleInformation)

Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' *Asia Pacific Observatory on Health Systems and Policies*, vol. 7, no. 1. [cited 2018 June 04]. Available from <http://www.who.int/iris/handle/10665/254716>

Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', *New Mandala*, 28 February 2019. Available from <https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/>

Wiseman, V., Thabrany, H., Asante, A. et al. An evaluation of health systems equity in Indonesia: study protocol. *Int J Equity Health* 17, 138 (2018). <https://doi.org/10.1186/s12939-018-0822-0>

Disaster Mitigation

Balajee S, Pasi OG, Etoundi AM, et al 2017. 'Sustainable model for public health emergency operations centers for global settings' *Emerging Infectious Diseases*. 2017;23(13). Available from: <http://doi.org/10.3201/eid2313.170435>

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Kosasih, C. E., Solehati, T., Trisyani, Y., & Budiman, G. W. (2024). Nurses' Perception of Disaster Preparedness in Bandung. *Indonesian Journal of Global Health Research*, 6(4), 2453-2462. <https://doi.org/10.37287/ijghr.v6i4.3637>

Non-Communicable Diseases

Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. <http://dx.doi.org/10.1136/tc.2010.036814>

Schröders, J. Wall, S., et al 2017, 'How is Indonesia coping with its epidemic of chronic noncommunicable diseases? A systematic review with meta-analysis'. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0179186>

Melissa Y, Nugroho D, Luntungan NN, et al The 2019 economic cost of smoking-attributable diseases in Indonesia Tobacco Control 2022;31:s133-s139. https://tobaccocontrol.bmj.com/content/31/Suppl_2/s133

Indrahadi D, Wardana A, Pierewan AC. The prevalence of diabetes mellitus and relationship with socioeconomic status in the Indonesian population. Jurnal Gizi Klinik Indonesia. 2021;17(3):103-112. doi: 10.22146/ijcn.55003 <https://jurnal.uqm.ac.id/jgki/article/download/55003/30704>

Climate Change Effects on Public Health

Oktari. RS ,Dwirahmadi. F, Ru Gan. CC et al. 2022. 'Indonesia's Climate-Related Disasters and Health Adaptation Policy in the Build-Up to COP26 and Beyond' Sustainability 2022, 14, 1006. <https://doi.org/10.3390/su14021006>

Pratiwi. SD. et al. 2021. 'Economic Losses Analysis Due to the Impact of Climate Change on the Health Sector in Indonesia.' IOP Conference Series: Earth and Environment Science 950 012061

UNICEF, 2022. 'Health Sector Readiness in Supporting National Commitment on Climate Change Adaptation: Data Availability and Access'. Available from: <https://www.unicef.org/indonesia/media/17161/file/%5BExecutive%20Summary%5D%20Health%20Sector%20Readiness%20in%20Supporting%20National%20Commitment%20on%20Climate%20Change%20Adaptation:%20Data%20Availability%20and%20Access.pdf>

Neglected Diseases in Indonesia

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Pasaribu, A., Alam, A. 2019. 'Prevalence and risk factors of soil transmitted helminthiasis among school children living in an agricultural area of North Sumatera, Indonesia.' *BMC Public Health*, vol. 19, Article number 1066. Available from <https://doi.org/10.1186/s12889-019-7397-6>

Samosir, P. M., Axelia, P. G., Alkaff, F. F., Salamah, S., & Alinda, M. D. (2023). Prevalence and risk factors for disability in leprosy patients in Indonesia during the post-elimination era. *Dermatology Reports*, 15(4). <https://doi.org/10.4081/dr.2023.9777>

DHF and Malaria

Haryanto, B 2018, *Indonesia Dengue Fever: Status, Vulnerability, and Challenges*. Available from: <https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine/indonesia-dengue-fever-status-vulnerability-and-challenges>

Ipa, M, Widawati, M. et al.2020. 'Variation of preventive practices and its association with malaria infection in eastern Indonesia: Findings from community-based survey'. Available from: <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0232909>

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Hildah Awalussiyam 2024, 'Overview of Dengue Fever (DHF) incidence based on population density in Indonesia', *World Journal of Advanced Research and Reviews*, 2024, 22(01), 1380–1386 <https://doi.org/10.30574/wjarr.2024.22.1.1195>

Hildah Awalussiyam 2024, 'Overview of Dengue Fever (DHF) incidence based on population density in Indonesia', *World Journal of Advanced Research and Reviews*, 2024, 22(01), 1380–1386 <https://doi.org/10.30574/wjarr.2024.22.1.1195>

Sexual and Reproductive Health Systems: Family Planning

Fogarty, M 2018 *Impacts of Contraception on Women's Decision-Making Agency in Indonesia*, *Undergraduate Economic Review*: Vol. 15 : Iss. 1 , Article 18. Available at: <https://digitalcommons.iwu.edu/uer/vol15/iss1/18>

Permani, R. (2023). Do online agri-food sellers contribute to food security in Indonesia? A PCA-based composite index and a Tobit approach. *Food Sec.* 15, 1541–1561. <https://doi.org/10.1007/s12571-023-01392-2>

Shibuya, F., Sari, D.P., Warnaini, C. et al. The process of overcoming conflicts among teachers in the implementation of comprehensive sexuality education at ordinary public

senior high schools in Mataram City, Indonesia: a qualitative study. *Trop Med Health* 51, 7 (2023). <https://doi.org/10.1186/s41182-023-00495-y>

Community-Based Waste Management

Yandri, P., Budi, S., & Putri, I. A. P. (2023). Waste sadaqah: a new community-based waste-management practice in Java, Indonesia. *Sustainability: Science, Practice and Policy*, 19(1). <https://doi.org/10.1080/15487733.2023>

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Public Hospital

Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' *Expert Systems with Applications*, vol. 42. no. 6, pp: 3067-3078

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Nutrition and Food Safety

A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. *Epidemiol Infect* 2004;132:863–72
Rokx, C, Subandoro, AW, Gallagher, P 2018. Aiming high: Indonesia's ambition to reduce stunting: main report. World Bank Jakarta. Available from <http://documents.worldbank.org/curated/en/913341532704260864/main-report>

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Mental Health Community Based Mental Health Service

Irmansyah, I. Susanti, H. et al. 2020. 'Civic engagement and mental health system strengthening in Indonesia: a qualitative examination of the views of health professionals and national key stakeholders' BMC Psychiatry. vol 20. article 172

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' International Journal of Mental Health Systems, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

Tampubolon, G, & Hanandita, W 2014. 'Poverty and mental health in Indonesia.' *Social Science & Medicine*, vol. 106, pp: 20-27

Juliansen, A. 2024 Mental health issues and quality of life amongst school-based adolescents in Indonesia, *Journal of Medicine, Surgery, and Public Health* Volume 2, April 2024, 100062 <https://doi.org/10.1016/j.gmedi.2024.100062>

Sexual and Reproductive Health

Budiharsana, M 2019, 'An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019'.

Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' *Health Policy and Planning*, vol. 26, no. 5, pp: 373-384

Human Rights Watch 2018, "Scared in Public and Now No Privacy" Human Rights and Public Health Impacts of Indonesia's Anti-LGBT Moral Panic. Available from: <https://www.hrw.org/report/2018/07/02/scared-public-and-now-no-privacy/human-rights-and-public-health-impacts>

HIV in Indonesia

Januraga, P.P., Reekie, J. et al 2018, 'The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: [https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018\(18\)30148-6/fulltext](https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext)

Luis, H., Fridayantara, W.D. et al 2020, 'Evolving ART crisis for people living with HIV in Indonesia'. Available from: [https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018\(20\)30138-7/fulltext](https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext)

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Puskesmas and Posyandu

Belton, S, Myers, B, & Ngana, F 2014, 'Maternal deaths in eastern Indonesia: 20 years and still walking: an ethnographic study.' BMC Pregnancy and Childbirth, vol. 14, no. 39.

Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' BMC International Health and Human Rights, vol. 10, no. 3 [cited 2018 June 04]. Available from: <http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3>

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YAKKUM Rehabilitation Centre

Minas, H, Diatri, H 2008. 'Pasung: Physical restraint and confinement of the mentally ill in the community.' International Journal of Mental Health Systems, vol. 2, no. 8. Available from <https://doi.org/10.1186/1752-4458-2-8>

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YAKKUM Rehabilitation Centre

Engel, S, Susilo, A 2014. ‘Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?’ *Development and Change*, vol. 45, pp. 157-178.
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Nadhirah, H. 2024 *Living the Hybridity: Case Study of Kali Code, ICRS*. Available from: <https://www.icrs.or.id/news/living-the-hybridity-case-study-of-kali-code>

N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya’s dwellings and Humanitarian Architecture; *Journal of Architecture and Urbanism*, 2018, 42(2): 177–187, Available from: <https://doi.org/10.3846/jau.2018.6900>

Websites

WHO	www.who.int/gho/countries/idn/country_profiles/en/
UNICEF	www.unicef.org/indonesia
UNFPA	indonesia.unfpa.org
Indonesian Ministry of Health	www.depkes.go.id
Australia Indonesia Partnerships for Health Systems Strengthening (AIPHSS)	aiphss.org
WFP	www.wfp.org/countries/indonesia
National AIDS Commission	www.aidsindonesia.or.id
Jakarta government website	www.jakarta.go.id/english
International Food Policy Research Institute	www.ifpri.org/country/indonesia
Women Deliver	www.womendeliver.org
UNDP Indonesia	www/id.undp.org

Appendix I: PHST Itinerary July 2025 (Jakarta - Yogyakarta)

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
1	Sat, 5/7	14.00 - 16.00	Students arrive and check in at hotel		Hotel meeting room	Acicis
		16.00 - 16.30	Orientation Session 1	Welcome, Staff Introductions, Program Overview		
		16.30 - 17.00	Orientation Session 2	Understanding the Public Health Study Tour Program		
		17.00 - 17.15	Coffee Break			
		17.15 - 18.00	Orientation Session 3	Introduction to Yogyakarta, Jakarta, Depok		
		18.00 - 19.00	Welcome Dinner			
2	Sun, 6/7	09.00 -11.00	Orientation Session 4	Health and Security Briefing and PSEAH	Hotel meeting room	Acicis

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		11.00 - 11.15	Coffee Break			
		11.15 - 12.15	Seminar A: Introduction to Indonesia	Indonesian Modern History, Culture, Politics and Society		
		12.5 - 13.15	Lunch			
		13.15 - onwards	Free time			
3	Mon, 7/7	08.00 - 08.30	Meet at the hotel lobby and travel to UI			Universitas Indonesia (UI) & Acicis
		08.30 - 10.30	Language Class I	Greetings, introductions, number, names, food	FIB UI	
		10.30 - 11.00	Travel to FKM UI and coffee break		Meeting room UI	
		11.00 - 12.00	Opening Ceremony			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		12.00 - 13.00	Lunch			
		13.00 - 13.45	Seminar B	Health System in Indonesia		
		13.45 - 14.30	Seminar C	Food Safety		
		14.30 - 14.45	Coffee Break			
		14.45 - 15.30	Seminar D	Impact of Climate Change on Maternal and Child Health		
		15.30 - 16.00	Campus Tour	UI Buddies		
		16.00 - onwards	Travel to hotel and free time			
4	Tue, 8/7	08.15 - 09.00	Meet downstairs lobby and travel to UI			Universitas Indonesia (UI) & Acicis

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		09.00 - 09.45	Seminar E	Non-Communicable Diseases in Indonesia	Meeting room UI	
		09.45 - 10.30	Seminar F	Neglected Diseases in Indonesia		
		10.30 - 10.45	Coffee Break			
		10.45 - 11.30	Seminar G	Tobacco and Youth		
		11.30 - 12.30	Lunch			
		12.30 - 13.00	Travel to LBI UI			
		13.00 - 15.00	Language Class II	Family members, basic conversation topics		
		15.00 - onwards	Travel to hotel and free time			

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	
5	Wed. 9/7	07.30 - 08.45	Meet downstairs lobby and travel to Field Visit Site			Universitas Indonesia (UI) & Acicis	
		08.45 - 10.45	Field Visit 1: TPS 3R in Kota Bogor	Waste Management	TBC		
		10.45 - 12.00	Travel to Lunch				
		12.00 - 12.45	Lunch				
		12.45 - 13.00	Travel to Cultural Field Visit	Cultural Activity			Taman Mini
		13.00 - 15.00					
		15.00 - onwards	Travel to hotel and free time				
6	Thu, 10/7	08.30 - 09.00	Meet at downstairs lobby and travel to UI			Universitas Indonesia (UI) & Acicis	

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	
		09.00 - 09.45	Seminar H	Disaster Management in Indonesia	Meeting Room UI		
		09.45 - 10.30	Seminar I	Stunting Update: Indonesia Experience Stunting			
		10.30 - 10.45	Coffee Break				
		10.45 - 11.30	Seminar J	Mental Health in Indonesia			
		11.30 - 12.30	Lunch				
		12.30 - 13.00	Travel to LBI UI				
		13.00 - 15.00	Language Class III	Weather, directions, getting around			LBI UI
		15.00 - onwards	Travel to hotel and free time				

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
7	Fri, 11/7	07.45 - 08.30	Meet at the hotel lobby and travel to UI			Universitas Indonesia (UI) & Acicis
		08.30 - 09.15	Seminar K	Population Development in Indonesia	Meeting Room UI	
		09.15 - 10.00	Seminar L	DHF and Malaria Prevention		
		10.00 - 10.15	Coffee Break			
		10.15 - 12.15	Group Discussion with Tour Leader (presentation preparation)			
		12.15 - 13.00	Lunch			
		13.00 - 13.15	Travel to Public Hospital			
		13.15 - 15.15	Field Visit 2: Public Hospital	Secondary and Tertiary Care	Universitas Indonesia Hospital	

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by	
		15.15 - onwards	Travel to hotel and free time				
8	Sat 12/7	08.15 - 09.00	Meet at the hotel lobby and travel to UI			Meeting Room UI	Universitas Indonesia (UI) & Acicis
		09.00 - 09.15	Presentation Preparation				
		09.15 - 11.30	Final presentations and future recommendations	Divided into small groups, presentations to reflect Indonesian health challenges and recommendations			
		11.30 - 13.00	Lunch and farewell with UI Buddies				
		13.00 - onwards	Travel to hotel and free time				
9	Sun 13/7	07.00 - 07.30	Meet at downstairs lobby			Acicis	

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		09.30 - 11.30	Travel to airport and check-in flight			
		11.30 - 12.30	flight to Yogyakarta (YIA) and luggage pick up			
		12.30 - 14.00	Arrive at Yogyakarta and travel to Santika Premiera Jogja			
		14.00 - onwards	Check in and free time			
10	Mon 14/7	All day	Free Time			
11	Tue 15/7	09.00 - 09.30	Seminar M	Sexual and Reproductive Health	Meeting room Santika Premiere Hotel	Acicis, Samsara, and Rifka Annisa
		09.30 - 10.00		Gender Based Violence Issues in Indonesia		
		10.00 - 10.30		QnA Session		

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		10.30 - 10.45	Coffee Break			
		10.45 - 11.30	Seminar N	HIV Issues in Indonesia		Acicis
		11.30 - 12.15	Seminar O	Referral System from Puskesmas to Hospital		
		12.15 - 13.30	Lunch break and meeting Puskesmas Buddies			
		13.30 - onwards	Free time/Independent study			
12	Tue, 15/7	08.00 - 09.00	Meet at the hotel lobby and travel to Site 3a			
		09.00 - 10.30	Field Visit 3a: Puskesmas (Community Health Centre)	Observing puskesmas and interacting with health practitioners and patients, observing their function particularly in health prevention and promotion activities	Puskesmas Ngaglik 1 Puskesmas Ngaglik 2	Puskesmas Representatives and facilitators as well as Acicis, UI or UNRIYO

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		10.30 - 10.45	Travel to Site 3b			Acicis/UI/UNRI YO
		10.45 - 10.45	Field Visit 3b: Posyandu (Integrated Health Centre)	Maternal and child health in rural area		Posyandu Representative and facilitator
		12.30 - 14.00	Travel to restaurant and lunch			
		14.00 - onwards	Travel to hotel and free time			
13	Wed, 16/7	07.45 - 08.00	Meet at main lobby and travel to field visit site			
		08.00 - 10.00	Field Visit 4: Kali Code	Water and sanitation management		Kali Code Community & Acicis
		10.00 - 11.00	Travel to Cultural Field Trip			
		11.00 - 12.30	Cultural Field Trip: Batik workshop		Kebon Agung	Kebong Agung representative

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
		12.30 - 13.30	Lunch			
		13.30 - onwards	Travel to hotel and free time			
14	Thu, 17/7	08.00 - 08.30	Meet at downstairs lobby and travel to field visit site			
		08.30 - 10.30	Field Visit 5a: Disabilities and Mental Health Rehabilitation Centre	Visit to YAKKUM Rehabilitation Centre	YAKKUM Rehabilitation Centre	YAKKUM Rehabilitation Representative
			Field Visit 5b: KEBAYA Foundation	Visit to KEBAYA Foundation	KEBAYA	KEBAYA Representative
		10.30 - 11.00	Field visit group switch			
		11.00 - 13.00	Field Visit 5b: KEBAYA Foundation	Visit to KEBAYA Foundation	KEBAYA	KEBAYA Representative

Day	Date	Time	Activity	Topic	Location	Partner/ Organised by
			Field Visit 5a: Disabilities and Mental Health Rehabilitation Centre	Visit to YAKKUM Rehabilitation Centre	YAKKUM Rehabilitation Centre	YAKKUM Rehabilitation Representative
		13.00 - onwards	Travel back to hotel and free time - Boxed lunch will be provided			
15	Fri, 18/7	09.00 - 12.00	Final Presentation	Divided into small groups, presentation to reflect Indonesian health challenges and recommendations	Meeting room Santika Premiere Hotel	UI Lecturer and Tour Leader
		12.00 - 13.30	Closing Ceremony and farewell lunch	Certificate distribution and closing ceremony		Acicis
16	Sat 19/7	End of Tour/ Students Depart				

Appendix II: PHST Seminar Series and Field Trips

Activity	Topic	Objective/ Learning Outcome
Seminar A: Introduction to Indonesia	Indonesian modern history, culture, politics and society	Develop an understanding of Indonesian modern history, culture, politics and society
	<p>Readings required:</p> <p>Pisani, E 2014, <i>Indonesia Etc.</i> Jakarta: Lontar Press; Chapter 1.</p> <p>Vickers, A 2013, <i>A History of Modern Indonesia</i>. 2nd ed. Cambridge: Cambridge University Press; Introduction and Chapter 1.</p> <p>Optional</p> <p>Hatley, B, Rowe, E. 2021. 'The Performing Arts and the Pandemic.' Inside Indonesia, edition 143 Available from https://www.insideindonesia.org/the-performing-arts-and-the-pandemic</p> <p>Neelakantan, V 2013, 'The Indonesianization of Social Medicine', <i>Lembaran Sejarah</i>, vol. 10, no. 1. Available from https://jurnal.ugm.ac.id/lembaran-sejarah/article/view/23654</p>	
Seminar B: General Overview of the Indonesian Public Health System	Health system in Indonesia	Develop an understanding of Indonesian public health system
	<p>Readings required:</p> <p>Agustina, R, Dartanto, T, Sitompul, R, et al 2018, 'Universal health coverage in Indonesia: concept, progress, and challenges.' <i>The Lancet</i>, vol. 393, issue 10166, pp:75-102. Available from: https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31647-7/fulltext</p> <p>Mahendradhata, Y, Trisnantoro, L, Listyadewi, S, Soewondo, P, & Marthias, T 2017, 'The Republic of Indonesia Health System Review.' <i>Asia Pacific Observatory on Health Systems and Policies</i>, vol. 7, no. 1. {cited 2018 June 04}. Available from http://www.who.int/iris/handle/10665/254716</p> <p>Optional</p> <p>Mboi, N, Surbakti, IM, Trihandini, I et al. 2018, 'On the road to universal health care in Indonesia, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016.' <i>The Lancet</i>, vol. 392: pp. 581–91. Available from https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30595-6/fulltext</p> <p>Prastyani, AW 2019. 'Who'll pay for Indonesia's national health insurance?', <i>New Mandala</i>, 28 February 2019. Available from https://www.newmandala.org/wholl-pay-for-indonesias-national-health-insurance/</p>	

Activity	Topic	Objective/ Learning Outcome
Seminar C: Mental Health	Community-based Mental Health Services	Develop an understanding of mental health issues in the community
	<p>Readings required: Inter-Agency Standing Committee, 2020. 'Operational Consideration for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic'. Available from: https://interagencystandingcommittee.org/system/files/2020-06/IASC%20Guidance%20on%20Operational%20considerations%20for%20Multisectoral%20MHPSS%20Programmes%20during%20the%20COVID-19%20Pandemic.pdf Windarwati, H. Oktaviana, W, Mukarromah, I. et al 2020, ' In the middle of the COVID-19 outbreak: Early practical guidelines for psychosocial aspects of COVID-19 in East Java, Indonesia' Psychiatry Research, vol 293, article ID 113395. Available from https://www.sciencedirect.com/science/article/pii/S0165178120309926</p> <p>Optional Irmansyah, I. Susanti, H. et al. 2020. 'Civic engagement and mental health system strengthening in Indonesia: a qualitative examination of the views of health professionals and national key stakeholders' BMC Psychiatry. vol 20. article 172.</p>	
Seminar D: Non-Communicable Diseases	Non-communicable diseases in Indonesia	Develop an understanding of trends in non-communicable diseases in Indonesia and preventative approaches
	<p>Readings required: Aditama, T, Pradono, J, Rahman, et al 2008, 'Linking Global Youth Tobacco Survey (GYTS) data to the WHO Framework Convention on Tobacco Control: the case for Indonesia.' ScienceDirect: Preventative Medicine, vol. 47. Hussain, M.A., Huxley, R.R., et al 2015,' Multimorbidity prevalence and pattern in Indonesian adults: an exploratory study using national survey data' BMJ Open, Vol. 5, issue 12. Available from: https://bmjopen.bmj.com/content/5/12/e009810 Schröders, J. Wall, S., et al 2017,'How is Indonesia coping with its epidemic of chronic noncommunicable diseases? A systematic review with meta-analysis'. Available from: https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0179186</p> <p>Optional Hurt, RD, Ebbert, JO, Achadi, A, & Croghan, IT 2012. 'Roadmap to a tobacco epidemic: transnational tobacco companies invade Indonesia', Tobacco Control, vol. 21, issue 3. http://dx.doi.org/10.1136/tc.2010.036814</p>	

Activity	Topic	Objective/ Learning Outcome
Seminar E: Climate Change Effects on Public Health	Global Warming Effects on Indonesian Public Health	Develop an understanding of global warming toward the Indonesian public health
	<p>Readings required:</p> <p>Oktari. RS ,Dwirahmadi. F, Ru Gan. CC et al. 2022. 'Indonesia's Climate-Related Disasters and Health Adaptation Policy in the Build-Up to COP26 and Beyond' Sustainability 2022, 14, 1006. https://doi.org/10.3390/su14021006</p> <p>Pratiwi. SD. et al. 2021. 'Economic Losses Analysis Due to the Impact of Climate Change on the Health Sector in Indonesia.' IOP Conference Series: Earth and Environment Science 950 012061 UNICEF, 2022.' Health Sector Readiness in Supporting National Commitment on Climate Change Adaptation: Data Availability and Access'. Available from: https://www.unicef.org/indonesia/media/17161/file/%5BExecutive%20Summary%5D%20Health%20Sector%20Readiness%20in%20Supporting%20National%20Commitment%20on%20Climate%20Change%20Adaptation:%20Data%20Availability%20and%20Access.pdf</p>	
Seminar F: Sexual and Reproductive Health	Reproductive health and family planning policy; Adolescent reproductive health; Family planning in Indonesia	Develop an understanding of global warming toward the Indonesian public health
	<p>Readings required:</p> <p>The Government of Indonesia 2020, 'Family Planning 2020 Commitment'. Available from: http://www.familyplanning2020.org/indonesia</p> <p>Optional</p> <p>Fogarty, M 2018 Impacts of Contraception on Women's Decision-Making Agency in Indonesia, Undergraduate Economic Review: Vol. 15 : Iss. 1 , Article 18. Available at: https://digitalcommons.iwu.edu/uer/vol15/iss1/18</p>	
Seminar G: Neglected and Communicable Diseases Malaria	Neglected Diseases in Indonesia DHF and Malaria prevention and response in Indonesia	Develop an understanding of the burden of Neglected Diseases and TB in Indonesia and interventions targeted to address the issues Develop an understanding of the burden of DHF and malaria in Indonesia and prevention and intervention of these diseases
	<p>Readings required:</p>	

Activity	Topic	Objective/ Learning Outcome
	<p>Dewi, C, Barclay, L, Passey, M, & Wilson, S 2016, 'Improving knowledge and behaviours related to the cause, transmission and prevention of Tuberculosis and early case detection: a descriptive study of community led Tuberculosis program in Flores, Indonesia.' <i>BMC Public Health</i>, vol. 16.</p> <p>Hamzah et. al. Social determinants of malaria in an endemic area of Indonesia, <i>Malaria Journal</i> (2019) 18:134</p> <p>Hanandita, W, & Tampubolon, G 2016, 'Geography and social distribution of malaria in Indonesian Papua: a cross-sectional study'. <i>International Journal of Health Geographics</i>, vol. 15, no. 13.</p> <p>Pasaribu, A., Alam, A. 2019.' Prevalence and risk factors of soil transmitted helminthiasis among school children living in an agricultural area of North Sumatera, Indonesia.' <i>BMC Public Health</i>, vol. 19, Article number 1066. Available from https://doi.org/10.1186/s12889-019-7397-6</p> <p>Wibawa,T, Satoto, TBT 2016. 'Magnitude of Neglected Tropical Diseases in Indonesia at Post Millennium Development Goals Era.' <i>Journal of Tropical Medicine</i>, vol. 2016, article ID 5716785. Available from https://doi.org/10.1155/2016/5716785</p> <p>Optional Rodriguez-Morales, AJ 2018. <i>Current Topics in Tropical Emerging Diseases and Travel Medicine</i>. London: IntechOpen; Chapter 5. Available from https://www.intechopen.com/books/current-topics-in-tropical-emerging-diseases-and-travel-medicine</p>	
Field Visit 1: Community-Based Waste Management	<p>Participatory-Development Approach for Environmental Health</p> <p>Mirza O.A. Putri¹, Zakianis¹, Sabarinah², I. Made Djaja¹, Haruki Agustina³, Sifa Fauzia¹. Solid Waste Reduction Through 3R-Based Waste Management Unit and Waste Bank in Indonesia in 2018. <i>IJPHRD</i> 2020, 11, 1057-1062.</p> <p>Pasang, H, Moore, GA, Sitorus, G 2007. 'Neighbourhood-based waste management: A solution for solid waste problems in Jakarta, Indonesia.' <i>Waste Management</i>, vol.27, issue 12, pp. 1924-1938. https://doi.org/10.1016/j.wasman.2006.09.010</p> <p>Optional Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i>, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p>	<p>Develop an understanding of community participation in environmental health interventions in Indonesia.</p>
Field Visit 2: Public Hospital	<p>Hospital programs and activities in treatment and prevention</p> <p>Readings required:</p>	<p>Develop an understanding of public hospitals as prevention and treatment providers</p>

Activity	Topic	Objective/ Learning Outcome
	<p>Handayani, P, Hidayanto, A, Sandhyaduhita, P, Kasiyah, & Ayuningtyas, D 2015, 'Strategic hospital services quality analysis in Indonesia.' <i>Expert Systems with Applications</i>, vol. 42. no. 6, pp: 3067-3078.</p> <p>Wardhani, V., van Dijk, J.P. & Utarini, A. Hospitals accreditation status in Indonesia: associated with hospital characteristics, market competition intensity, and hospital performance?. <i>BMC Health Serv Res</i> 19, 372 (2019). https://doi.org/10.1186/s12913-019-4187-x</p>	
Seminar H: Disaster Management in Indonesia	<p>Disaster Management in Indonesia</p> <p>Readings required:</p> <p>Jibiki, Y, Pelupessy, D, Susilowati, I, et al 2018, 'Exploring Community Preparedness for Complex Disaster: A Case Study in Cilegon (Banten Province in Indonesia)' in International Conference of Occupational Health and Safety (ICOHS-2017), KnE Life Sciences, pages 237–249. DOI 10.18502/kls.v4i5.2556</p> <p>Lestari, F, Pelupessy, D, Jibki, Y, et al. 'Analysis on Complexity in Natech Disaster Risk Reduction and Management: The case study of Cilegon, Indonesia'</p> <p>Optional</p> <p>Grayman, JH 2014. 'Rapid response: Email, immediacy, and medical humanitarianism in Aceh, Indonesia.' <i>Social Science & Medicine</i>, vol. 120, pp. 334–343. doi:10.1016/j.socscimed.2014.04.024</p>	<p>Develop an understanding of Disaster Management in Indonesia</p>
Seminar I: Nutrition and Food Safety	<p>Burden of malnutrition in Indonesia and food safety issues</p> <p>Readings required:</p> <p>A.M. Vollaard, S.Ali, H.A.G.H. Vanasten, et al. Risk factors for transmission of foodborne illness in restaurants and street vendors in Jakarta, Indonesia. <i>Epidemiol Infect</i> 2004;132:863–72</p> <p>Titaley, C., Iwan Ariawan, Dwi Hapsari, Anifatun Muasyaroh and Michael J. Dibley 2019 Determinants of the Stunting of Children Under Two Years Old in Indonesia: A Multilevel Analysis of the 2013 Indonesia Basic Health Survey, <i>Nutrients</i> 2019, 11, 1106, doi:10.3390.</p>	<p>Develop an understanding of the burden of malnutrition in Indonesia and issues with food safety</p>
Seminar J: Sexual and Reproductive Health	<p>Abortion and gender based violence</p> <p>Readings required:</p>	<p>Develop an understanding of the magnitude of the issues on abortion, gender based violence and sexual and reproductive health</p>

Activity	Topic	Objective/ Learning Outcome
	<p>Astuti, DA, Hidayat, A, Humaira, RZ, et al 2017. 'Accessibility to media and its relation to stigmatization toward lesbian-gay- bisexual and transgender (LGBT) individuals: a study among 2nd year midwifery students in Yogyakarta, Indonesia.' J Health Res, vol 31, no 4, pp: 263-269. https://doi.org/10.14456/jhr.2017.33</p> <p>Budiharsana, M 2019, 'An exploratory study on the knowledge of drug sellers about misoprostol use for medical abortion in Yogyakarta Indonesia, 2019'.</p> <p>Surjadjaja, C, & Mayhew, S 2011, 'Can policy analysis theories predict and inform policy change? Reflections on the battle for legal abortion in Indonesia.' Health Policy and Planning, vol. 26, no. 5, pp: 373-384.</p>	
Seminar K: HIV in Indonesia	<p>HIV epidemiology and responses in Indonesia</p> <p>Readings required:</p> <p>Januraga, P.P., Reekie, J. et al 2018, 'The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext</p> <p>Luis, H., Fridayantara, W.D. et al 2020, 'Evolving ART crisis for people living with HIV in Indonesia'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext</p> <p>Riono, P. Challacombe, S.J. 2020, 'HIV in Indonesia and in neighbouring countries and its social impact'. Oral Diseases, Vol. 26. pp 28-33.</p>	<p>Develop an understanding of HIV epidemiology, issues and responses in Indonesia</p>
Field Visit 3a: Puskesmas (Community Health Centre)	<p>Public Health prevention and promotion activities in puskesmas</p> <p>Readings required:</p> <p>Januraga, P.P., Reekie, J. et al 2018, 'The cascade of HIV care among key populations in Indonesia: a prospective cohort study'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(18)30148-6/fulltext</p> <p>Luis, H., Fridayantara, W.D. et al 2020, 'Evolving ART crisis for people living with HIV in Indonesia'. Available from: https://www.thelancet.com/journals/lanhiv/article/PIIS2352-3018(20)30138-7/fulltext</p> <p>Riono, P. Challacombe, S.J. 2020, 'HIV in Indonesia and in neighbouring countries and its social impact'. Oral Diseases, Vol. 26. pp 28-33.</p>	<p>Develop an understanding of HIV epidemiology, issues and responses in Indonesia</p>

Activity	Topic	Objective/ Learning Outcome
Field Visit 3b: Posyandu (Integral Healthcare Centre)	Maternal and child health in rural area	Develop an understanding of the role of puskesmas in providing health promotion, prevention, and treatment services
	<p>Readings required:</p> <p>Heywood, P, & Choi, Y 2010. 'Health System Performance at the District Level in Indonesia after Decentralization.' <i>BMC International Health and Human Rights</i>, vol. 10, no. 3 [cited 2018 June 04]. Available from: http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/1472-698X-10-3</p> <p>Paramita, SA, Yamazaki, C, Setiawati, EP, & Koyama, H 2018, 'Distribution trends of Indonesia's health care resources in the decentralization era.' <i>International Journal of Health Planning and Management</i>, vol. 33, no. 2, e586-e596. Available from https://www.researchgate.net/publication/323697101_Distribution_trends_of_Indonesia%27s_health_care_resources_in_the_decentralization_era</p>	
Field Visit 4: KEBAYA Foundation	LSM KEBAYA Field Visit, the impact of the project	Connecting with community - the role of civil society in improving inclusion and access to healthcare for marginalised populations
	<p>Readings required:</p> <p>Kurniawan, E 2020, 'The Existence of Yogyakarta Transgender Family (KEBAYA) in The Consolidation of Community Organizations and The Struggle of Civil Rights.' <i>Jurnal Aristo (Social, Politic, Humaniora)</i> Vol. 09, No.2 (2021): Juli, pp. 284 - 304 Social and Political Science Faculty, Universitas Muhammadiyah Ponorogo.</p> <p>Wahyuni T, Prasetyo I, 2022, 'HIV/AIDS Prevention and Control Strategy for Transgender at the Yogyakarta Kebaya Foundation.' <i>Jurnal Pendidikan Luar Sekolah</i> Vol. 01, No.1 (2022). Available from: https://doi.org/10.24036/kolokium.v10i1.505</p>	
Field Visit 5: Kali Code Walking Tour	Water and sanitation management and health challenges in a riverside community	Develop an understanding of water, environmental and health issues in a riverside community
<p>Readings required:</p>		

Activity	Topic	Objective/ Learning Outcome
	<p>Setiawan, B 2002, 'Integrating environmental goals into urban redevelopment schemes: lessons from the Code River, Yogyakarta, Indonesia.' <i>Water science and technology: a journal of the International Association on Water Pollution Research</i>, vol. 45, no. 11, pp 71-76.</p> <p>Optional</p> <p>Engel, S, Susilo, A 2014. 'Shaming and Sanitation in Indonesia: A Return to Colonial Public Health Practices?' <i>Development and Change</i>, vol. 45, pp. 157-178. doi:10.1111/dech.12075</p> <p>Indraswara, H 2009, 'Water woes.' <i>Inside Indonesia</i> [cited 2018 Jan 10]. Available from: http://www.insideindonesia.org/water-woes?</p> <p>N. C. Idham. Riverbank settlement and humanitarian architecture, the case of Mangunwijaya's dwellings and Humanitarian Architecture; <i>Journal of Architecture and Urbanism</i>, 2018, 42(2): 177-187, Available from: https://doi.org/10.3846/jau.2018.6900</p>	

Appendix III: PHST Group Discussions & Presentations

Activity	Topic	Strategies
Small group discussions following Seminar B: General Overview of Indonesia's Public Health System	Health systems in Indonesia	Students will be split into groups to discuss the challenges the health system in Indonesia might face in an era of decentralisation, and provide recommendations on how to overcome these challenges.
Small group discussions following Seminar C: Mental Health	Community-based Mental Health Services	Students will discuss mental health related issues in the community.
Small group discussions following Seminar D: Non-Communicable Diseases	Non-Communicable Diseases in Indonesia: Tobacco Control	Students will be split into groups to discuss the current situation in Indonesia and public health interventions with respect to non-communicable diseases (including discussion of tobacco control programs in Indonesia).
Small group discussions following Seminar E: Climate Change Effects on Public Health	Impact of climate change on maternal and child health	Students will discuss climate change issues related to public health especially on maternal and child health.
Small group discussions following Seminar F: Sexual and Reproductive Health	Family Planning and Reproductive Health	Students will be split into groups to discuss trends in reproductive health and family planning issues and interventions to overcome it.
Small group discussions following Seminar G: Neglected and Communicable Diseases	Neglected Diseases and DHF and Malaria prevention and response in rural settings	Students will be split into groups to discuss the burden and public health interventions which relate to neglected diseases and trends in DHF and malaria in rural settings in Indonesia and prevention efforts to overcome the health challenges posed by these diseases.

Small group discussions following Seminar H: Disaster Management in Indonesia	Disaster Management in Indonesia	Students will be split into groups to discuss Disaster Management in Indonesia.
Small group discussions following Seminar I: Nutrition and Food Safety	Nutrition and Food Safety challenges	Students will be split into groups to discuss the challenges of malnutrition in Indonesia and food safety.
Small group discussions following Seminar Seminar J: Abortion, Gender Based Violence and sexual and reproductive health.	Sexual and Reproductive Health	Students will have Q&A sessions to discuss reproductive health challenges in Indonesia.
Small group discussions following Seminar K: HIV in Indonesia	HIV epidemiology and responses in Indonesia	Students will discuss the burden and public health interventions which relate to HIV.
Final Student Presentations with Indonesian Students	Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations	<p>Students will complete a collaborative exercise with undergraduate students from Universitas Indonesia (UI) regarding urban health issues as well as national health issues in Indonesia. The students will form groups and discuss aspects of one of the specific topics covered in the seminars during the tour, for example:</p> <ul style="list-style-type: none"> • Communicable & Non-communicable Diseases Reproductive Health • Maternal and Child Health • Public Hospital/Community Health Centre <p>Students will give a brief presentation about a specific topic (to be assigned by UI lecturers). Lecturers from UI and the PHST Tour Leader will assess this component of the tour.</p>

<p>Final student presentations and future recommendations</p>	<p>Divided into small groups, presentations to reflect Indonesia's health challenges and recommendations</p>	<p>Students will be split into small groups. Each group will need to choose a specific topic related to public health to present on, from the following list:</p> <ul style="list-style-type: none"> • Gender-based Health Issues • DHF Malaria • Urban Environmental Health Sexual and Reproductive Health <p>Students will present their findings from their observations in the community and their recommendations for the future. The PHST Tour Leader will assess this component of the tour.</p>
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Appendix IV: PHST Reflective Journal

Reflective Journal Instructions

Pre-departure Reflection:

- Describe your current knowledge of Indonesia's key health issues and systems.
- What would you describe as the key current Public Health issues in Indonesia?
- What do you hope to learn through the PHST? Please outline your expectations.
- Please list three academic and three personal goals you hope to achieve through this tour.
- Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?
- Do you anticipate any other issues which may arise on the tour (academic or otherwise)? How would you plan to mitigate these issues, should they arise?

Mid-Tour Reflection:

- What key issues have you examined through this week's activities?
- What are you learning? How does this reflect on(or more) of your required readings?
- What observations can you make regarding the health challenges facing Indonesia?
- How do your observations from the first week of the tour compare with your thoughts about Indonesia's health systems before you started the program?
- Did you face any challenges during the first week of the tour? How did you overcome them?
- Did you develop any new skills?
- What was your key learning outcome from the first week of the tour?
- Any other comments?

Final Reflection:

- What was your most significant learning outcome from this program? Describe the PHST: Did it meet your expectations? Was it different from how you thought it would be?
- Did you achieve the academic and personal goals you set for yourself?
- What were the highlights of the tour? How does this reflect one (or more) of your required readings?
- Did you develop any important skills that you will use in your future?
- What do you know now about public health issues in Indonesia that you didn't know before? How do you think the social determinants of health relate to these issues?
- What observations can you make on the public health system in Indonesia?
- What would you describe as issues in health promotion, public health planning, implementation and evaluation in Indonesia

- Did you face any challenges in cross-cultural communication and cross-cultural teamwork? How did you overcome them?
- Any other comments/observations?

Reflective Journal Template

Q: Describe your current knowledge of Indonesia's key health issues and systems.

A: _____

Q: What would you describe as the key current Public Health issues in Indonesia?

A: _____

Q: What do you hope to learn through the PHST? Please outline your expectations.

A: _____

Q: Please list three academic and three personal goals you hope to achieve through this tour.

A: _____

Q: Do you anticipate any challenges in studying in a cross-cultural environment? If so, how do you plan to overcome them?

A: _____

Q: Do you anticipate any other issues which may arise on the tour (academic or otherwise)?

A: _____

Q: How would you plan to mitigate these issues, should they arise?

A: _____

Appendix V: Marking Rubrics

Assessment Item 1 - Seminar Series

Student Name	
PHST Tour Dates	
Tour Leader	
Final Mark for component	/50 (Represents 30% of total program assessment)

1. **Attendance:** Student consistently attended seminars.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. **Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion ideas.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. **Evidence of Preparation and Critical Thinking:** Student Demonstrates familiarity with set seminar readings and evidence of critical engagement with texts.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. **Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others within a seminar context.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. Integration of Experiences and Learning: Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Assessment Item 2 - Field Trips

Student Name	
PHST Tour Dates	
Tour Leader	
Final Mark for component	/50 (Represents 25% of total program assessment)

1. Attendance: Student consistently attended seminars

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. Contribution of Ideas: Student demonstrates understanding of relevant topics by contributing to discussion ideas

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Evidence of Preparation and Critical Thinking: Student Demonstrates familiarity with set seminar readings and evidence of critical engagement with texts

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 4. Level of Communication:** Student can describe clearly the key elements of the public health issues being discussed and can communicate these clearly to others

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 5. Integration of Experiences and Learning:** Student demonstrates an ability to apply seminar readings to experiences and observations drawn from the program as a whole.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Assessment Item 3 - Group Discussion and Presentation

Student Name	
PHST Tour Dates	
Tour Leader	
Final Mark for component	/50 (Represents 25% of total program assessment)

- 1. Intercultural Skills:** Student demonstrates sound cross-cultural communication skills and cross-cultural teamwork behaviours in the discussions.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 2. Contribution of Ideas:** Student demonstrates understanding of relevant topics by contributing to discussion with ideas.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 3. Academic Content:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 4. Level of Communication Skills:** Student can describe clearly the key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 5. Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Assessment Item 4: PHST Reflective Journal

Student Name	
PHST Tour Dates	
Tour Leader	
Final Mark for component	/50 (Represents 20% of total program assessment)

- 1. Reflexive Practice:** Student demonstrates ability to critically analyse and describe this international field experience and its impact on their own learning and experience.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 2. Integration of Experiences and Learning:** Student demonstrates familiarity with set course readings, evidence of critical engagement with texts and ability to apply these readings in experiences on the tour.

None		Poor		Weak	Pass	Average		Good		Excellent
------	--	------	--	------	------	---------	--	------	--	-----------

0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 3. Understanding of Key Topics:** Student demonstrates an understanding of the key features of Indonesia's primary and community health care, and the role and relevance of these systems within a developing country such as Indonesia.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 4. Development of Skills:** Student can identify key elements of public health issues and demonstrates knowledge of the implications of social determinants on the public health system.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 5. Evidence of Critical Thinking:** Student demonstrates an understanding of effective public health and health promotion, planning, implementation and evaluation.

None		Poor		Weak	Pass	Average		Good		Excellent
0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Acicis Public Health Study Tour (Indonesian Partner University)



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Universitas Indonesia (UI)

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